

## SERVING WITH SKILL, LEADING WITH HONOR: SURGEON LIEUTENANT COMMANDER VASANTH JACKSON'S JOURNEY OF EXCELLENCE



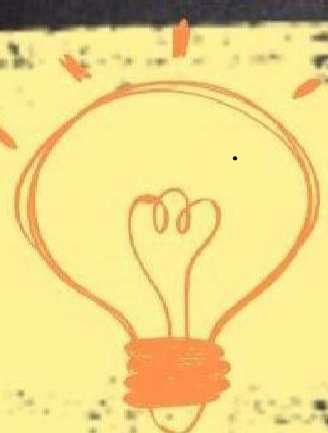
Surgeon Lieutenant Commander Vasanth Jackson's journey from Chettinad Dental College (2010-2015) to the Indian Armed Forces is a testament to resilience, dedication, and clinical expertise. Starting as a dental officer at the Army Dental Centre in Delhi in 2020, he earned a reputation for compassionate care. From 2021 to July 2024, he served at the 325 Field Hospital in Naushera, Jammu, adapting to challenging conditions with resolve. In July 2024, Dr. Vasanth transitioned to the Indian Navy at INS India, Delhi, demonstrating his versatility and commitment to excellence. His journey is an inspiring example for future generations.

## SERVICE BEYOND BORDERS



Major Amaravathy Rajam V's career in military dentistry is a testament to unwavering dedication and service. Beginning at the Army Dental Centre R&R in Delhi (January 2020 - July 2021), she laid a strong foundation for the challenges ahead. Her next chapter took her to the rugged frontiers of Arunachal Pradesh, where from October 2021 to June 2024, she delivered critical healthcare in one of the country's most demanding regions.

Since June 2024, Major Amaravathy has continued her exemplary service in Meerut, applying her expertise in a new field of operations. Her journey is a story of perseverance, adaptability, and a relentless commitment to both her profession and the nation. She stands as a beacon of inspiration, proving that with determination and purpose, one can overcome any obstacle and make a lasting difference.



Did you know that human teeth are as unique as fingerprints? Not only can they determine an individual's age, diet, and historical periods of stress, but no two people have the same set of teeth. Their distinctive shape and arrangement make dental records a reliable way to identify individual. So, next time you smile, remember you're showing off a one of-a-kind masterpiece!

## CHETTINAD 2.0 -ALUMNI NEXT GEN

On October 26th, 2024, the **Chettinad Legendary Alumni Wing (CLAW)** hosted an inspiring **Alumni Orientation Program** at Chettinad Dental College and Research Institute (CDCRI), welcoming first-year B.D.S students into the world of dentistry. The event was a **masterclass in dental success**, with alumni acting as mentors, sharing real-world insights, and providing practical advice on excelling in academics, internships, and career-building. **Dr. Ashish**, a 2020 graduate and MDS student at Saveetha University, led interactive sessions, offering freshers a hands-on glimpse into the art and science of dentistry. More than just an event, it was a **launchpad for the freshers' futures**, igniting confidence and ambition. Armed with knowledge and supported by a strong alumni network, students left energized and ready to excel in their dental journey with purpose and determination.



## STYLE SECRETS: FASHION TIPS YOU CAN'T MISS!

In the world of healthcare, first impressions matter. While skill and knowledge are the cornerstones of a dentist's practice, appearance plays a significant role in building patient trust and ensuring a professional atmosphere. Fashion is a form of self-expression and the idea of a dentist as a fashionista may seem unconventional, but it perfectly blends the artistry of fashion with the professionalism of healthcare. With thoughtful choices, a dentist can create a chic, polished look that resonates with their personality while maintaining the trust and respect of their patients.

Scrubs don't have to be boring! Modern scrubs now come in flattering cuts, vibrant colors, and even prints that allow dentists to look fashionable while staying comfortable and functional. Pairing scrubs with well-chosen accessories, can elevate the look without compromising professionalism.

For professional events like conferences or presentations, dentists can let their fashionista side shine. Classic yet trendy options, like monochrome outfits or subtle patterns, ensure a standout look without being over the top. Footwear is a powerful fashion statement. A dentist can opt for comfortable yet stylish options, like leather loafers, colorful sneakers, or fashionable flats, that add flair to their outfit while supporting long hours of standing. A neat hairstyle, well-maintained nails, and subtle makeup can amplify the overall appearance.

Being a fashionista dentist isn't about vanity; it's about breaking stereotypes and showing that professionalism and style can coexist. After all, the most fashionable accessory a dentist can wear is confidence and, of course, nothing completes the look better than a bright smile that reflects self-assurance.

- Dr. Deepika, PG



# AN INSPIRING JOURNEY OF PRESERVERANCE: DR. DEEPIKA'S STORY

Hello, this is Dr. Deepika, proud alumnus of Chettinad Dental College and Research Institute (2013 Batch)) and I'd like to share a small incident that forever changed my life and shaped me into the person I am today.



After completing my BDS and finishing my internship, I found myself trapped in a dark place. I experienced severe depression, PTSD, and dissociative paralysis. It felt like my world was crumbling, and during those tough moments, I had no one to lean on. No friends to help me get back on my feet. But as challenging as it was, I had to pull myself out of it.

One day, I found the courage within myself to make a decision. I would not lose my profession, no matter how hard life got. That day, I promised myself that I would never give up on my dreams, no matter the obstacles in my path. From that moment on, I kept moving forward. I went to numerous interviews, I opened my own practice, though it didn't succeed, but I never lost hope.

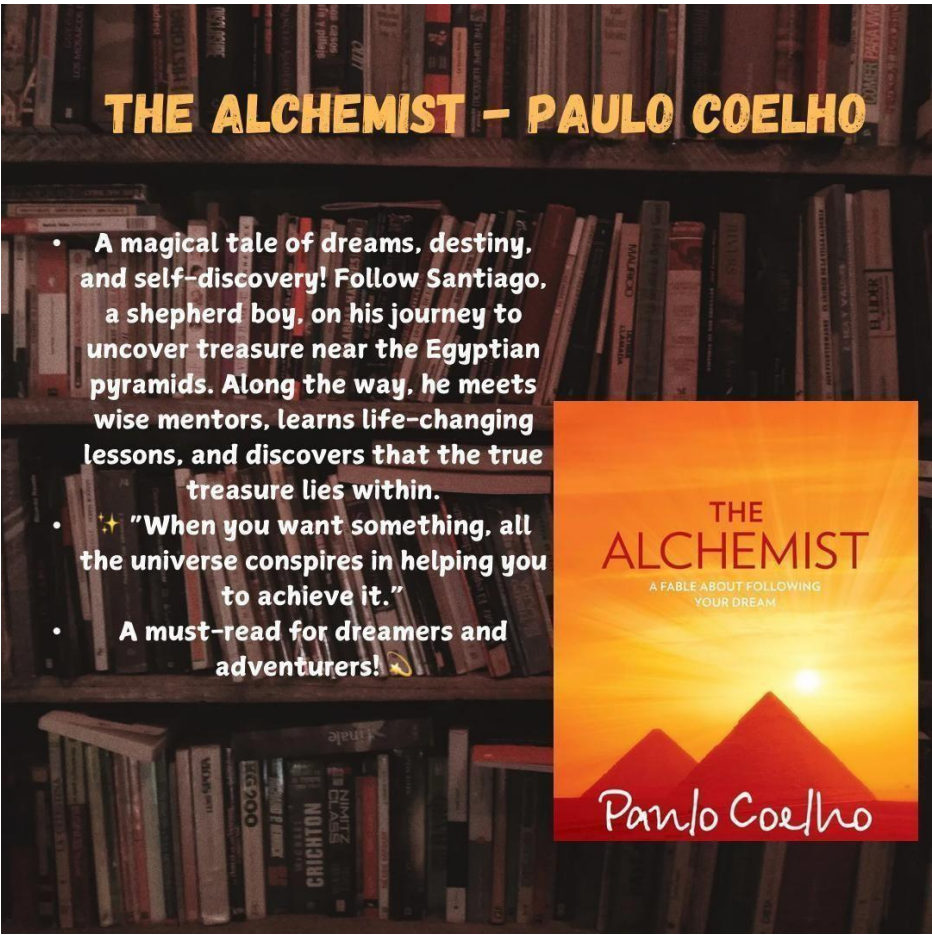
Dentistry, like life, is about patience and resilience. It's about waiting for the right opportunities and seizing them when they come. My journey taught me that setbacks are just stepping stones, and success comes to those who persevere.



I truly believe that *“If you act like one, you become one,”* and that has been my guiding motto. I am proud of my journey, and above all, I am proud of the **strong foundation** I built during my time at *Chettinad Dental College and Research Institute*.

To all those facing challenges—remember, your story is yours to write. Keep pushing, keep growing, and never lose hope. You can become the best version of yourself, just as I have become the best dentist in the world.

## INTERESTING READS



# SHINING BRIGHT: LISHA'S GOLDEN MILESTONE IN ORALSURGERY

Lisha's gold medal in oral surgery from Dr. MGR University is a testament to her dedication and hard work. The final university exam marked the culmination of years of learning, clinical experience, and late nights in the library.

Earning this gold medal is like reaching the peak of a mountain she climbed with determination and discipline. It reflects the precision and artistry Lisha has developed in oral surgery, and her unwavering commitment to excellence.

We congratulate Lisha on her remarkable achievement and wish her continued success in her future endeavors in the field of dentistry.



## VERSES AND VOICES: POETRY CORNER

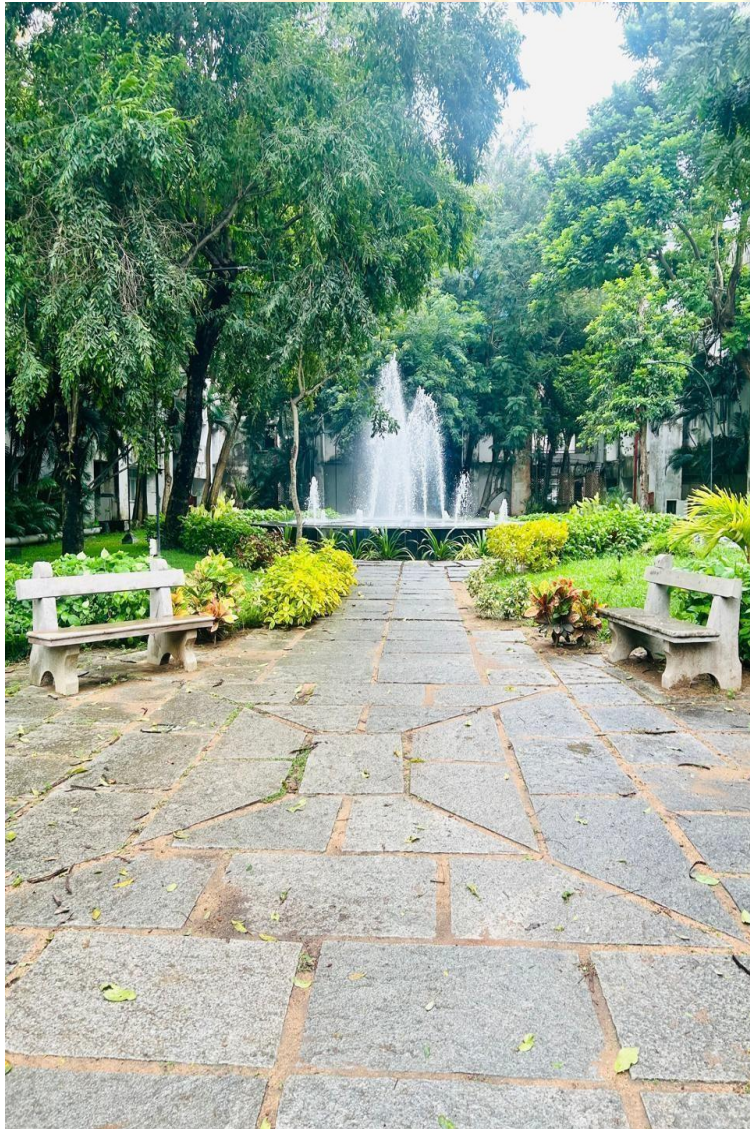
### மாற்றத்தின் தோற்றுவாய்

மண்ணில் முகிழ்த்த முதல் உயிர் கொண்டு  
மக்களாய் மாறிய மாத்தொடர் ஈற்றாய்  
வளர்ந்தது நீண்ட வளர்சிதை மாற்றம்  
விளைந்தது எல்லாம் முயற்சியின் தோற்றம்/  
மாற்றம் என்பது முயற்சியின் மறுபெயர்!  
மாளாது இருப்பின் முடிவினில் மிகுந்துயர்!  
சோதனை விளைவு சாதனை முடிவு!  
வேதனை களைவு வெற்றியின் நிறைவு!!  
அம்புலிக் கதைகள் அன்றைய கூற்று!  
அனைத்தும் பொய்கள் ஆயின நேற்று!!  
நிலவுப் பயணம் நம்மின் முதற்படி!  
நீரைக் கண்டது ஆய்வின் நிச்சயம்!  
எட்டா உயரம் எவரெஸ்ட் சிகரம்!  
ஏறினார் டென்சிங் என்பது அகரம்!!  
எங்கும் எதுவும் எல்லாம் சாத்தியம்!  
என்னால் முடியும் என்றால் மாத்திரம்!!  
மக்கள் சேர்ந்து முயன்றிட வேண்டும்.  
மாற்றுச் சிந்தனை மனதினில் வேண்டும்  
போன பாதையில் போவதைத் தவிர்ப்போம்!  
புதிய பாடம் புவியில் படைப்போம்!!

-தினேஷ் சஞ்சய்  
II-BDS

## WHERE MEMORIES WERE MADE

## STONE BENCH OF OUR COLLEGE DAYS



## ஐங்குறுகவிதைகள்

1. சிறுக்காட்டு நடுவில் குறுகிய ஒத்தையடி பாதை  
சின்னஞ்சிறு பச்சை இலை நிழல் தரும்  
ஒரு துளி வெள்ளக் குட்டை அருகே  
நேர்வரிசையில் செல்லும் எரும்புகள்

2. ஓர் பத்துக்குப் பத்து அறைக்குள்  
பல்லாயிர வீடுகள்  
வலை சிலந்திகளோடு  
அலைபேசிக் கைதிகளின் வாழ்வு

3. சிப்பாயில்லா சதுக்கங்கள் ஒன்றாய்  
பாதுகாப்பில் ஈடுபட்டன ஜன்னலில்  
அறைக்கதவு வழியே உள்ளே வரும்  
கொசுவை எதிர்நோக்கி

4. திருடர்கள் தண்டிக்கப்படுவார்கள்  
என்பது கட்டுக்கதை  
கதிர் ஒளி களவாடும் நிலவிற்கு  
தண்டனை ஏது?

5. நூலகம் இருந்த இடத்தில்  
புது வீடு, முகவரியில் இன்பமாக  
எழுதினார்கள் நூலக வீதி என்று

By S.Akash  
II- BDS

## "DR. VISHNUGOPAL SELVARAJU: FROM HUMBLE BEGINNINGS TO TRANSFORMING LIVES THROUGH DENTISTRY"

Dr. Vishnugopal Selvaraju, an alumnus of Chettinad Dental College, has risen from humble beginnings in the village of Chettikulam to become a beacon of inspiration in dentistry. After completing his SSLC locally and HSC at Ragavendra Matric School in Veeraganur, he earned his BDS degree from Chettinad in 2019.

As the Clinical Director of N.S.R. Dental Clinic, Dr. Vishnugopal has transformed the clinic into a thriving center of care, combining expertise and compassion. Recently, he organized a free dental camp for mentally challenged patients in Elumbalur, near Perambalur, providing dentures and restoring dignity and confidence to the participants.



# RAMYA RAJARAM: A RISING STAR IN GLOBAL HEALTH

## \*Shaping the Future of Public Health\*

Ramya Rajaram's work in public health spans continents. As Deputy Lead of NNEdPro India Team Operations, she drives impactful projects like the Mobile Teaching Kitchen in Kolkata and coordinates contributions from 10 regional networks across six continents. Her leadership in fostering global partnerships is pivotal in advancing health education and policy.

## \*Leading with Data-Driven Insights\*

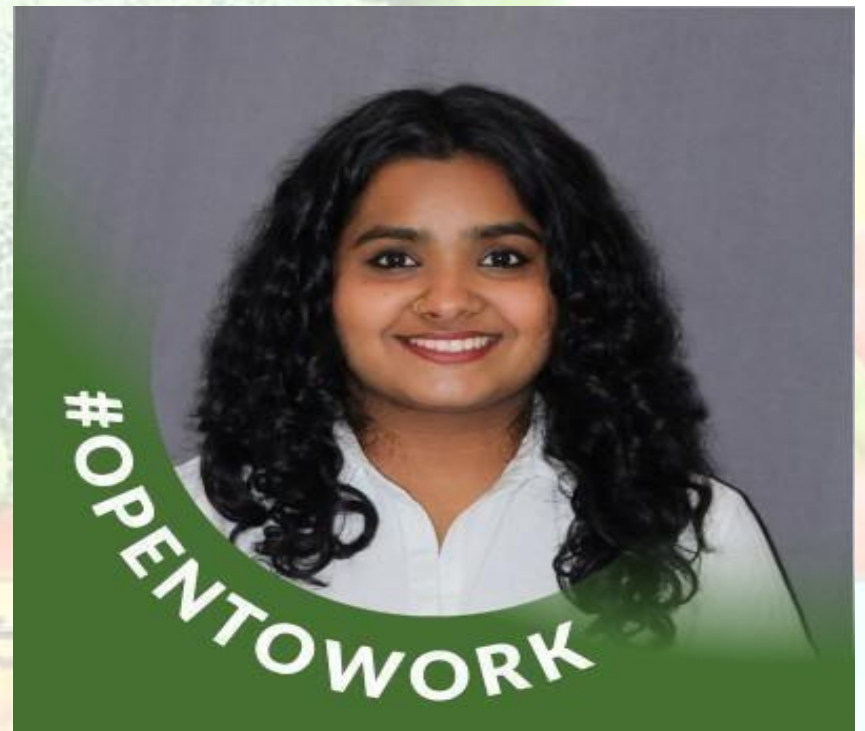
Ramya's expertise in data analysis is at the heart of high-quality research outputs in the MTK Data Warehouse. She plays a key role in generating evidence-based strategies that are transforming global health education. Her work in identifying funding strategies and crowdfunding campaigns ensures the sustainability of these projects.

## \*Building Connections, Driving Impact\*

From liaising with local stakeholders to managing collaborations, Ramya ensures that key initiatives run smoothly. As Deputy Strategic Lead, she connects teams globally to contribute to NNEdPro's success.

## \*Educational Foundation and Leadership\*

With a BDS in Dentistry and an MPH from the University of Dundee, Ramya brings a unique blend of expertise to her role. Her leadership as a Student Voice Support Officer and committee leader at the University laid the groundwork for her successful career.



*Ramya Rajaram is a dynamic force in public health—leading with passion, precision, and a vision for a healthier future.*

## Designs of Distinction: Alumni Fashion Show Recap



SIRT activators, including resveratrol, piceatannol, and anthocyanins, are found in foods like arugula, blueberries, dark chocolate (85% cocoa), olive oil, kale, green tea, and turmeric. These foods have potent antioxidant properties and can influence various biological processes related to aging, metabolism, and overall health.

## A 10x10 grid of 100 squares, each containing a unique black and white geometric or abstract pattern. The patterns include various line styles, shapes, and textures, such as spirals, zig-zags, hearts, and floral motifs.

A hand-drawn sketch of a traditional Japanese-style building, possibly a shop or a small restaurant. The building features a prominent blue and white striped awning that covers the entrance area. The structure is made of wood, with a large open window or doorway revealing a person sitting inside, possibly a server or a customer. The building is surrounded by lush green foliage, including trees and bushes. In the foreground, there are several potted plants, some in wooden planters and others in more decorative pots. The drawing is signed 'R. 2/7' in the bottom right corner.

A painting of a woman in a red and gold polka-dot sari holding a tray of fruit. The woman has dark hair and is adorned with a bindi, large earrings, and a necklace. She is holding a silver tray with several red apples and a bunch of green grapes. The background is a soft, blended mix of purple, pink, and blue. The painting is signed and dated in the bottom left corner.

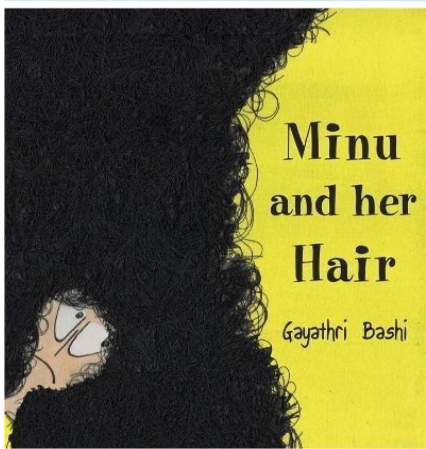
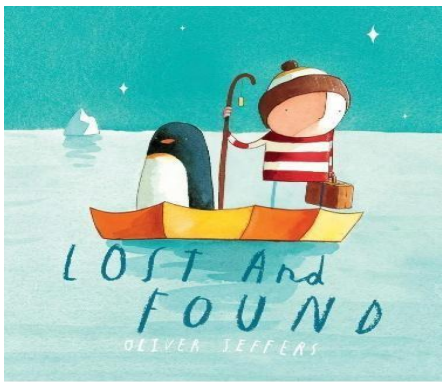
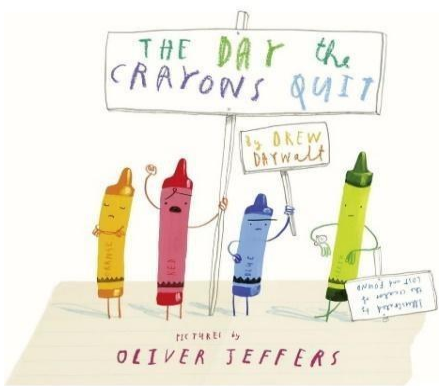
## MANASA II BDS

FROM TOOTH TO TOON : CARVING COMICS THAT CRACK YOU UP



DR,NESHAANTHAN II B.D.S

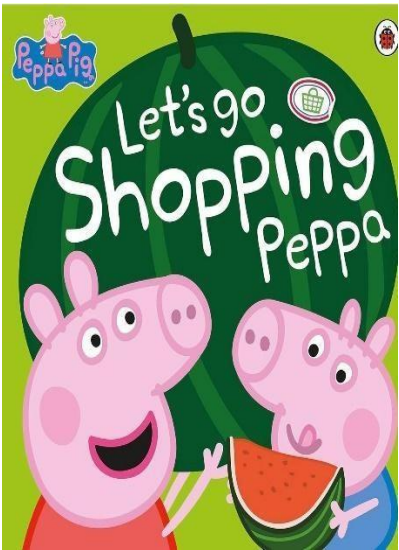
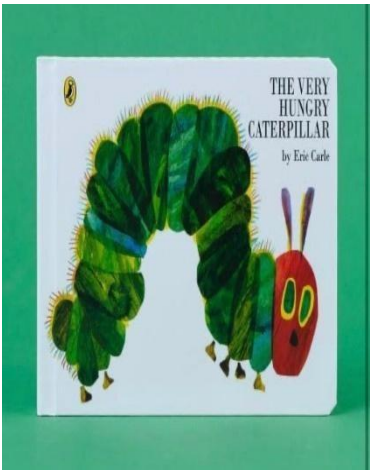
ENGAGING KIDS IN A GADGET-FREE WAY: THE JOY OF READING



In today’s world of overwhelming digital exposure, many new moms are actively seeking ways to engage their children without relying on gadgets, recognizing the potential harm of excessive screen time. Gadgets have become a staple for people of all ages, from newborns to the elderly, but it’s important to find alternatives that nurture a child’s development.

One of the best ways to keep children away from gadgets is through books. Reading can be introduced as early as six months of age. At this stage, books focused on identification—such as colorful picture books—are ideal. Mothers can use this time to read to their babies, creating a strong bond while fostering early learning.

By the age of three, when children are familiar with basic objects, you can introduce books that help them explore and understand the world around them. These books can spark curiosity, imagination, and a love for learning. Here are some book recommendations for early preschoolers that truly fascinated my kids. I hope your little ones enjoy them as much as mine did.



- Dr.Sreeja

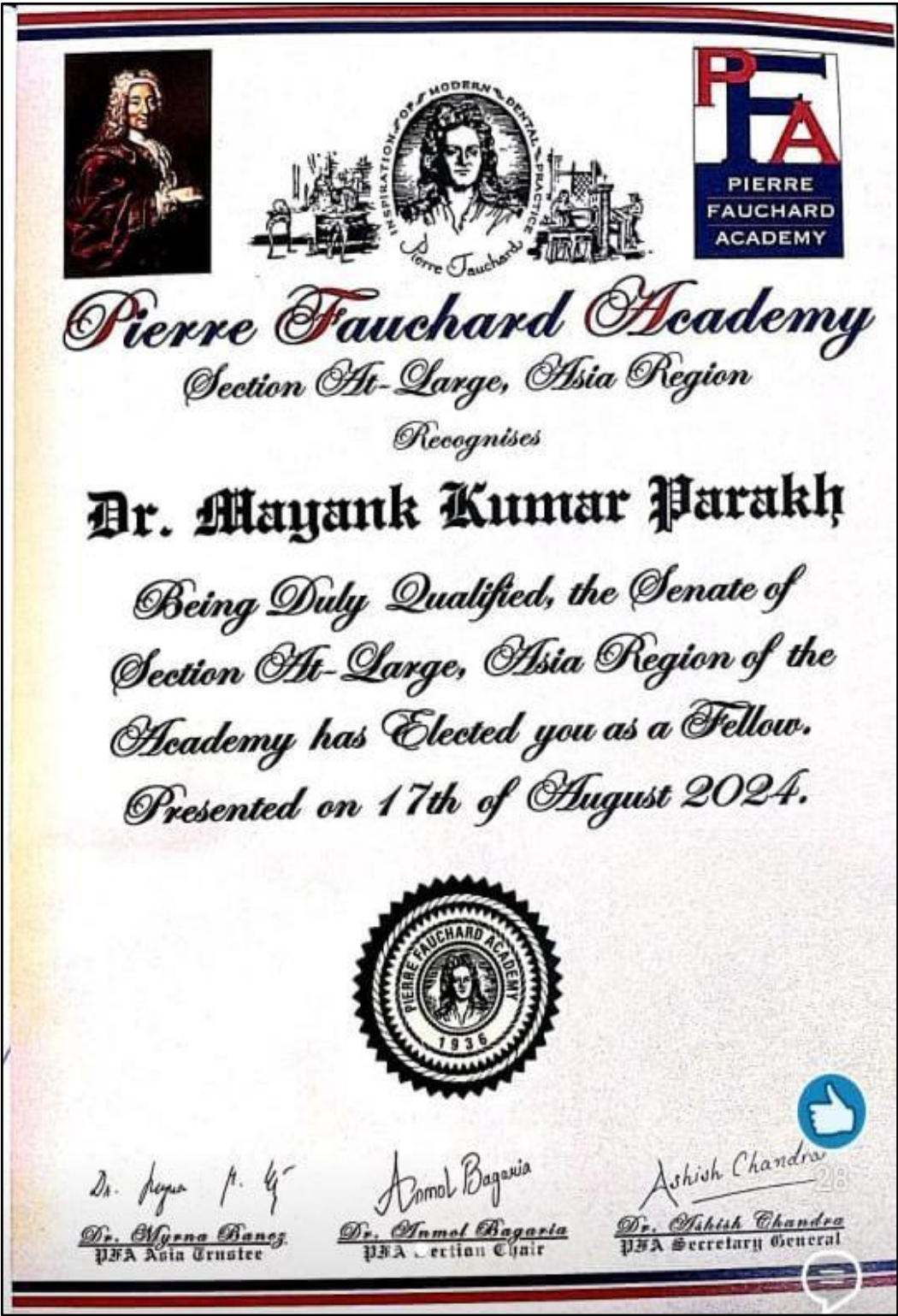
SPOTLIGHT ON DR. MAYANK KUMAR PARAKH: A TRAILBLAZER IN DENTISTRY AND IMPLANTOLOGY



Dr. Mayank Kumar Parakh, a proud alumnus of Chettinad Dental College, has excelled in dentistry, prosthodontics, and implantology. After completing his postgraduate studies at AB Shetty Memorial Institute of Dental Sciences, he now leads **Dr. Parakh’s Dental and Implant Centre**, specializing in implants, restorative dentistry, and oral cancer care.

Dr. Parakh’s accolades include the **BP Rajan Gold Medal**, the **Manjaya Shetty Award**, and his contributions to **Project Vaipu**, a global initiative for oral cancer screenings. With an Advanced Certification in Oral Implantology, he remains at the forefront of dental innovation.

A compassionate caregiver and visionary, Dr. Parakh continues to inspire and advance the field of dentistry.



## DR. RAGAVI'S INSPIRING JOURNEY

We are proud to feature Dr. Ragavi V, a distinguished alumna of Chettinad Dental College, whose remarkable journey in Oral and Maxillofacial Surgery continues to inspire. After completing her BDS at Chettinad in 2010, Dr.

Ragavi pursued her post-graduate studies at Maulana Azad Institute of Dental Sciences, New Delhi, specializing in Oral and Maxillofacial Surgery.

Her commitment to excellence led her to achieve the Membership of the Faculty of Dental Surgeons (MFDS) from the Royal College of Surgeons and Physicians in Edinburgh, solidifying her standing in the global dental community.

Dr. Ragavi's career is defined by clinical expertise, patient-centered care, and a passion for advancing the field. She is an exemplary representative of Chettinad Dental College's academic excellence, innovation, and lifelong learning values. We are proud of Dr. Ragavi V's achievements and excited to see her continued contributions to the world of oral and maxillofacial surgery.



### GET READY TO SMILE

*Fun facts about oral health.*

It takes **43** Muscles to frown, but only **17** to smile.

Over **300** different types of bacteria call your mouth HOME!

On average, a person will spend about **38.5** days brushing their teeth over their lifetime!

**1 in 4** say electric toothbrushes are only for lazy people.

### The Fun History & Myth of the Tooth Fairy

#### 🦷 Ancient Origins:

- Vikings wore children's teeth for luck in battle.
- Medieval Europeans buried teeth to protect kids from witchcraft.

#### 🦷 Modern Tooth Fairy:

- Emerged in the 1920s U.S., becoming popular in the 1950s.
- Leaves money or gifts in exchange for lost teeth under pillows.

#### 🦷 Global Variations:

- Spain & Latin America: Ratoncito Pérez (tooth-collecting mouse)
- France: La Petite Souris (little mouse).
- Asia: Teeth are tossed onto roofs or buried for luck.

#### 🦷 Fun Fact:

Economists track the "Tooth Fairy Index" to measure inflation by how much kids receive for teeth!

Making tooth loss magical for generations!

## CRAFTING CONFIDENT SMILES: DR. R. GOPINATH KANDHAN'S JOURNEY TO ORTHODONTIC EXCELLENCE"

Dr. R. Gopinath Kandhan, an eminent alumnus of Chettinad Dental College (BDS Batch of 2010-2015), completed his postgraduate specialization in Orthodontics and dentofacial orthopaedics from Ragas Dental College in 2018. With over a decade of dedicated practice, Dr. Gopinath has carved a niche for himself as a leading expert in orthodontics, delivering exceptional care and crafting confident smiles.

As the Chief Consultant, Orthodontist, and Owner of *Smile Corner Dental Clinic and Orthodontic Centre* in Saidapet, Chennai, Dr. Gopinath's professional journey has been marked by innovation, precision, and a patient-centered approach. His vast experience as a Consultant Orthodontist spans multiple prestigious clinics and hospitals across Tamil Nadu, including major cities like Chennai, Coimbatore, Madurai, Trichy, and Tirunelveli. His areas of expertise—alignment correction, smile designing, and smile enhancement—reflect his passion for transforming lives through dentistry.



Dr. Gopinath's achievements in aligner therapy are noteworthy. He has been at the forefront of advancements in Invisalign technology, starting with his recognition as a Platinum Invisalign Provider in 2022 and progressing to Platinum Elite Invisalign Provider in 2023. His commitment to excellence culminated in 2024 when he attained the prestigious title of Diamond Invisalign Provider, placing him among India's top 1% of Invisalign practitioners. This accolade underscores his unparalleled expertise and dedication to delivering innovative solutions in orthodontics.

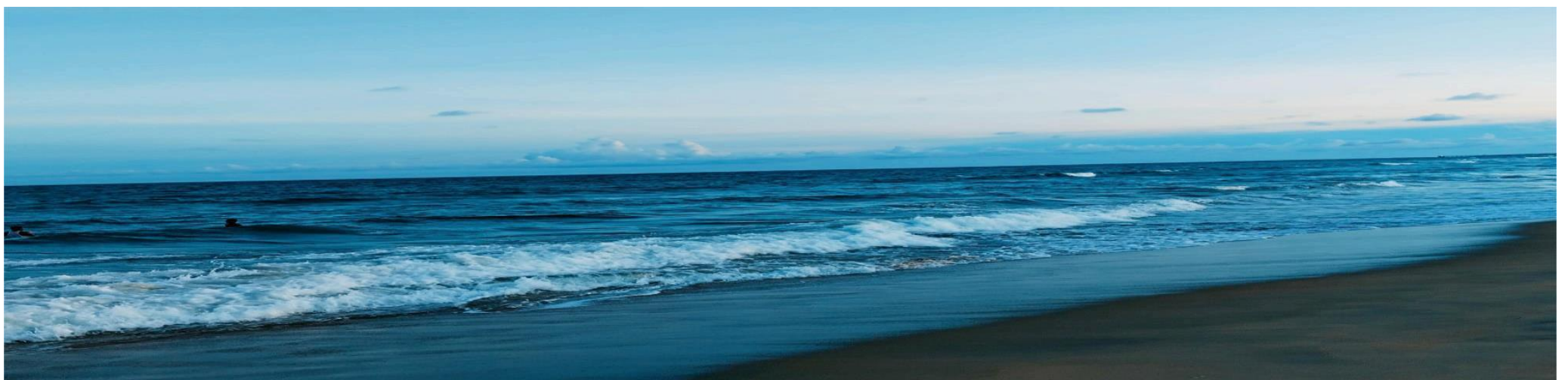


Beyond his clinical accomplishments, Dr. Gopinath is a mentor and guide to aspiring dental professionals, actively sharing his knowledge and inspiring the next generation of orthodontists. His belief in giving back to the community extends beyond dentistry; he is an avid traveler and writer, channeling his experiences into creative pursuits that enrich his perspective and professional endeavors. Dr. Gopinath's journey exemplifies dedication, innovation, and a commitment to excellence in every aspect of his work.

Stay connected for insights and updates:

Instagram: [@smilecorner\\_dentalclinic](https://www.instagram.com/smilecorner_dentalclinic)

The winds and waves are always on the sides of the ablest navigators - Edward Gibbon



# CURRENT BUZZZ

Chettinad Dental College is proud to announce the success of our students at the recent Continuing Dental Education (CDE) program on Digital Dentistry, organized by Dr. T.N. MGR University. Vigneshmani, Varun Krishna, Pujaa NR, and Preethika presented outstanding posters, with Vigneshmani, Varun Krishna, and Pujaa NR winning the Best Poster awards. The awards were presented by Honorable Health Minister, M. Subramaniam.. This recognition highlights our commitment to excellence in dental education. Congratulations to all the winners and participants, thanks to Dr. T.N. MGR University for the opportunity.

## OUR OMFS TEAM @ DIGITAL DENTISTRY SEMINAR



# A JOURNEY OF EXCELLENCE AND GRATITUDE: MY ALMA MATER, CHETTINAD DENTAL COLLEGE

**Dear Faculty, Students, and Alumni of Chettinad Dental College,**

It is with immense pride that I share my journey, which began within the nurturing walls of our alma mater. Chettinad Dental College was more than an institution; it was the foundation of my academic and personal growth. The support of our esteemed faculty and opportunities to excel shaped my career and helped me achieve milestones I cherish today.

## Highlights of My Achievements

- **Excellence in Medical Service Award Nominee (2024)**
- **Best Oral Presentation Award (2024)** at the 6th International Conference on Dentistry and Oral Health.
- **Prosthodontic Star Award (2022)** at the 13th Tamil Nadu IPS State Conference.
- **Aruna Mehta Research Scholarship (2021)** for innovative research in Type 2 diabetes.
- Authored 10+ research papers, filed two patents, and received multiple awards for scientific presentations.

## Motivating the Next Generation

As an alumna and academician, I strive to pass on the inspiration I received at Chettinad. The faculty didn't just teach; they instilled confidence and ambition. Today, I encourage students to step out of their comfort zones and excel in national and international platforms.

To the students: dream big and seize every opportunity. To the faculty: thank you for guiding so many successful journeys. Chettinad Dental College remains the cornerstone of my success, and I am forever grateful.

With gratitude,

**Dr. Divyabharathi Selvam**

Assistant Professor, Prosthodontics, SRM Dental College

Proud Alumna, Chettinad Dental College



## FROM CORPORATE LESSONS TO ENTREPRENEURIAL SUCCESS: DR. RAMANATHAN'S JOURNEY

Dr. Ramanathan's career journey has been a dynamic voyage across healthcare, dentistry, and logistics, beginning with his graduation from CDCRI in 2011. His professional path began in November 2016 as a Quality Coordinator at Apollo Hospitals, where he quickly advanced to overseeing both dental and administrative departments, earning a salary increase.


Driven by a passion for growth, Dr. Ramanathan explored implant dentistry through weekend workshops, gaining confidence with each successful procedure. Despite initial hesitation as a BDS graduate, he started offering implant consultations and built a steady stream of clients.

By 2020, his freelance consultations matched his corporate salary, prompting him to leave his corporate role and set up his own practice with a government loan. He identified opportunities in implants and aligners, mastering the craft and growing his practice to ₹28L in revenue in its first year.

In 2021, he expanded his horizons further by co-founding implant training workshops, teaching over 60 dentists, and establishing a CBCT scan center and a zirconia lab to meet growing demand. Alongside his dental ventures, Dr. Ramanathan also grew his father's logistics business, expanding its fleet and adding new facilities to optimize operations.

Looking back, Dr. Ramanathan's journey has been one of continuous growth and exploration. His career reflects innovation and a commitment to serving the community, with exciting future opportunities still ahead.





**Chettinad**  
Dental College & Research Institute

Department of Orthodontics  
and Dentofacial Orthopedics

*Cordially invites you to the*

**COMPREHENSIVE  
CLINICAL ENRICHMENT  
PROGRAM ON ALIGNERS**



  
*Guest Speaker*

**16 th  
December** | 9 am to 3 pm  
Mini Auditorium  
Chettinad Health City

**Dr. M. Ramanathan B.D.S., F.I.C.O.I., F.A.D.,  
M.B.A., (Hospital Administration)  
Dip. in Aligner Technology**  
Clinical Director - Maha Dental Clinic  
Pudukottai, TamilNadu.



**NEET MDS-2024  
MOTIVATION HUB**

☐ Wake up early every day

☐ Set goals for the day and stick to them

☐ Have a clear plan of what you need to do

☐ Create a positive work environment for yourself

☐ Take breaks throughout the day

☐ Reward yourself for completing tasks

☐ Stay organized and focused

☐ Set deadlines for yourself



**DREAM BIG,  
WORK HARD,  
MAKE IT  
happen.**

## Chettinad Dental College Alumni Spotlight: Priyanka\*

We are excited to feature Priyanka, a proud alumna of Chettinad Dental College, who graduated with her Bachelor's in Dental Surgery (BDS). During her time at Chettinad, Priyanka not only excelled in her academic pursuits but also showcased her incredible talent in music. A passionate singer, she actively participated in the popular reality show Super Singer during her undergraduate years.

Priyanka's journey is a testament to how Chettinad Dental College nurtures talent beyond the classroom, and we are incredibly proud of her achievements. We wish her continued success as she continues to shine both in the field of music and beyond!



**DR. K.C. KEERTHANA SRI - A JOURNEY OF DEDICATION IN ORAL & MAXILLOFACIAL SURGERY**

UG- Chettinad Dental College & Research Institue - 2011- 16  
PG- Vinayaka Missions University, Salem, 2017- 2020  
Started career - Erode Cancer Centre,  
Junior Consultant at Thangam Cancer Centre, Namakkal,

We are pleased to feature Dr. K.C. Keerthana Sri, a distinguished professional in the field of Oral and Maxillofacial Surgery. Her journey reflects a commitment to excellence and a passion for advancing healthcare.

Dr. Keerthana Sri's thirst for knowledge led her to undertake an intensive four-month training at the prestigious Tata Memorial Cancer Centre in Mumbai.



**THROUGH THE LENS**



**DR. LAKSHITHA SRI, II B.D.S**



**DR. RAMEETH, CRI**



### Dr. Vigneshwar's Journey from Chettinad Dental College to Dwell Dental Clinic

We are proud to feature Dr. Vigneshwar, an esteemed alumnus of Chettinad Dental College, who has carved a successful path in the world of dentistry. After completing both his undergraduate and postgraduate studies at Chettinad, Dr. Vigneshwar embarked on an entrepreneurial journey, establishing his own clinic, **\*\*Dwell Dental Clinic, Valasaravakkam\*\***. He is also a consultant in A4 speciality dental clinic.

His journey began during his postgraduate years, where he laid the foundation for what would become a well-established and trusted dental clinic. Dr. Vigneshwar's passion for dental care, coupled with his commitment to providing exceptional treatment to his patients, has driven him to offer a range of advanced dental services. Today, **\*\*Dwell Dentistry\*\*** is a well-respected name, recognized for its patient-centered care, state-of-the-art technology, and a team of highly skilled professionals.

Dr. Vigneshwar's success story is an inspiration to current and future dental students, exemplifying how determination, hard work, and a strong educational foundation can lead to great achievements. He also works with our alumini Dr.Rameez and Dr.Bejoy. We wish Dr. Vigneshwar continued success as he continues to innovate and make a difference in the field of dentistry.



ALUMNI SPOTLIGHT: DR. HITA RANGARAJAN - A  
JOURNEY OF EXCELLENCE

We are proud to shine the spotlight on Dr. Hita Rangarajan, an esteemed alumnus of Chettinad Dental College, UG Batch of 2013. Dr. Hita's remarkable journey in the field of dentistry has been one of dedication, hard work, and a commitment to making a difference in the lives of her patients.

After completing her undergraduate studies at Chettinad Dental College, Dr. Hita pursued her post-graduation in Orthodontics at Saveetha Dental College, where she honed her skills in providing advanced orthodontic care. With a passion for bringing smiles to life, she combined her expertise with a keen understanding of patient needs.

Today, Dr. Hita is the proud founder and owner of \*Identity Dental Clinic\*, where she continues to deliver high-quality dental services with a special focus on orthodontics. Her clinic is known for its state-of-the-art technology, personalized care, and a welcoming environment that prioritizes patient comfort.

Dr. Hita's journey is a testament to the excellent education and training she received at Chettinad Dental College, which laid the foundation for her successful career. We are immensely proud to see her making a significant impact in the dental community and serving as an inspiration to current and future students.

We wish Dr. Hita continued success in her endeavors and look forward to seeing her further contributions to the field of dentistry.

Keep Shining, Dr. Hita



## NOSTALGIA- LEGIONS- 2011



## NOSTALGIA – 2019 TROIZEANS



**INTRODUCING DR. ANDREA SURESH**

Dr. Andrea Suresh combines expertise in dental surgery with a strong focus on public health. After earning her BDS from Chettinad Dental College in 2015, she completed her MPH at Harris County Public Health in 2018. She further advanced her skills as a Graduate Research Assistant at the University of Texas Science Health Center and through an internship with Hand in Hand India in 2023.

Currently pursuing her DDS at the University of Colorado, Dr. Suresh is dedicated to improving dental care access and health outcomes, particularly for underserved communities.



**DR. LAKSHIKA – PEDIATRIC DENTISTRY JOURNEY**

A dedicated dental professional, completed undergraduate studies in 2016-17 at Chettinad Dental College. Building on that foundation, currently pursuing post-graduate degree in Pediatric Dentistry at the same institution, further honing my expertise in specialized dental care for children. My academic journey reflects my commitment to advancing in the field of dentistry, with a strong focus on Pediatric oral health.



**ALUMNI SPOTLIGHT: DR. STEFFY (2015  
BATCH) - A JOURNEY OF EXCELLENCE  
IN DENTISTRY\***

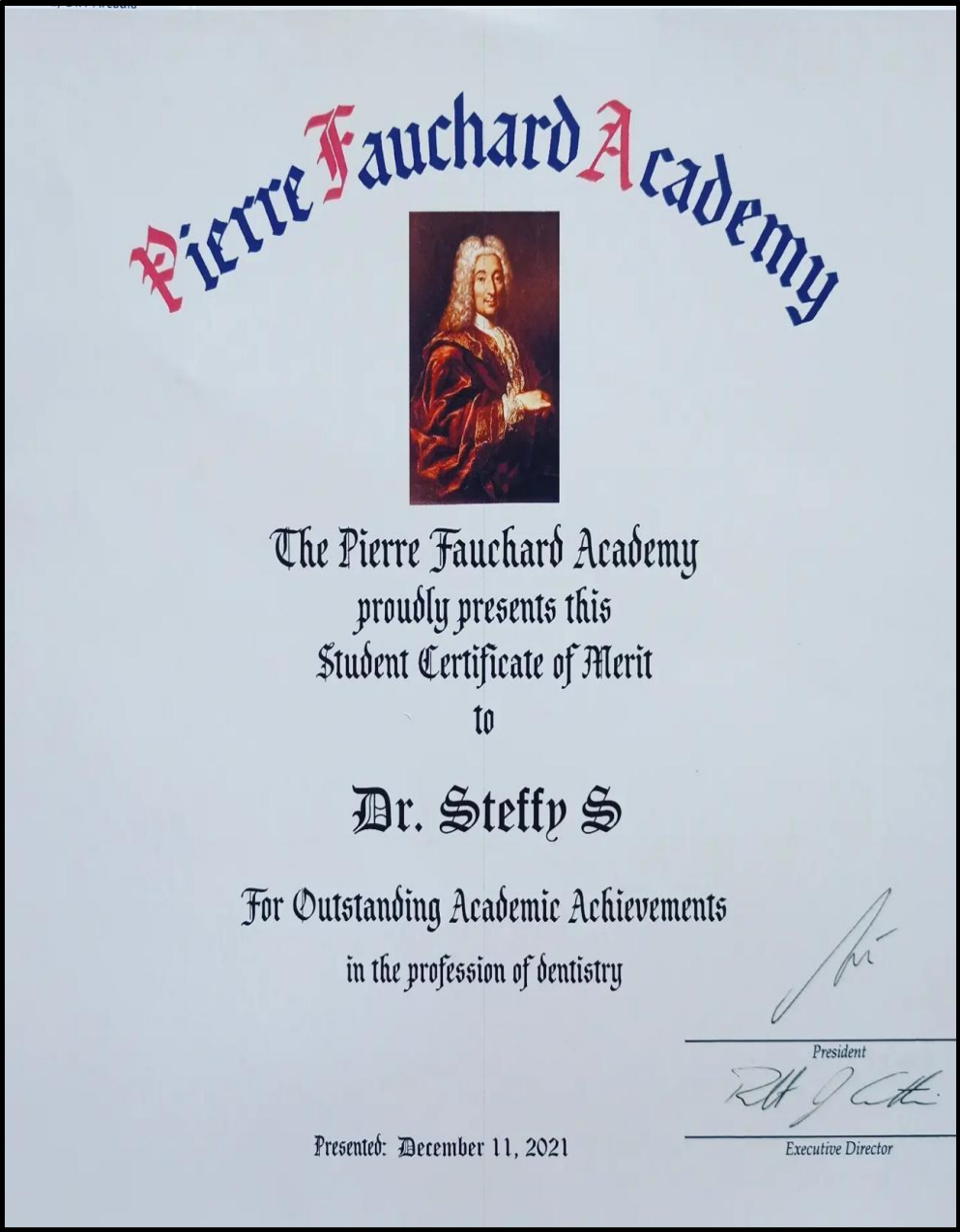
Dr. Steffy is a remarkable alumna of the 2015 batch of Chettinad Dental College, who continues to inspire with her dedication to the profession of dentistry.

Dr. Steffy’s academic journey has been nothing short of exceptional. During her undergraduate years at Chettinad Dental College, she demonstrated outstanding commitment to her studies, which earned her the prestigious Student Certificate of Merit for Outstanding Academic Achievements in the Profession of Dentistry from the renowned Pierre Fauchard Academy. This accolade is a testament to her relentless pursuit of excellence and her passion for the field of dentistry.

After completing her Bachelor’s degree, Dr. Steffy went on to pursue her Postgraduate studies in Periodontology at the esteemed Tamil Nadu Government Dental College, Chennai, where she further honed her skills and deepened her expertise in the field.

We are proud to witness her growth and success, and we wish her all the best as she continues to inspire future generations of dental professionals.

We extend our heartfelt congratulations to Dr. Steffy on her achievements and wish her continued success in all her endeavors.



## DR. DEEPIKA- CLAW DENTIST IN DENMARK

We are delighted to feature \*Dr. Deepika, a proud alumna of the \*\*2011 batch\* of Chettinad Dental College and Research Institute, in our alumni newsletter. Dr. Deepika has achieved significant milestones in her career and is now practicing as a \*General Dentist in Nyborg Kommunale Tandpleje in Denmark.

Denmark\*. Her journey from Chettinad to an international platform is a true reflection of her hard work, dedication, and passion for dentistry.

Her success story is an inspiration to many, showcasing how determination and perseverance can lead to excellence on a global stage. We are immensely proud of Dr. Deepika and her accomplishments.

Wishing her continued success in all her future endeavors as she continues to make Chettinad Dental College proud!



## Department of Pediatric Dentistry



**DR. NIHARIKA DAHAKAE: A JOURNEY IN DENTISTRY**

Dr. Niharika Dahakae completed her undergraduate studies at Chettinad Dental College (2008-2013). After successfully passing the ORE in 2017, she gained valuable experience through an apprenticeship at Grosvenor Dental Surgery. In 2017, she achieved a significant milestone by successfully completing the Overseas Registration Exam (ORE) in the UK, paving the way for her to practice internationally. Since 2019, Dr. Dahakae has been practicing at My Dentist in Merseyside, UK, where she continues to deliver exceptional care to her patient



**DR. KADAMBARI'S JOURNEY: FROM CHETTINAD DENTAL COLLEGE TO DENTAL THERAPIST IN BIRMINGHAM, UK**

We are proud to share the inspiring journey of Dr. Kadambari, a distinguished alumna from the 2016-2017 batch of Chettinad Dental College. After completing her Bachelor of Dental Surgery (BDS) at our institution, Dr. Kadambari further honed her expertise by completing a Master of Science in Advanced General Dental Practice (M.Sc. AGDP). Her commitment to dental excellence has led her to a rewarding career as a Dental Therapist in Birmingham, UK, where she applies her skills to enhance patient care. Dr. Kadambari's continued success reflects the dedication, hard work, and passion she has for the field of dentistry, particularly in providing compassionate care for patients.



## DR. KOKILA- ACADEMICIAN & ORAL PATHOLOGIST

Dr. Kokila hails from Erode and pursued her undergraduate studies at Chettinad Dental College & Research Institute, graduating in 2015. She then advanced her education by completing her postgraduate studies at KSR Institute of Dental Sciences & Research between 2018 and 2021. Known for her enthusiasm and positive attitude, Dr. Kokila has a passion for sports, cars, and bikes, which reflects her energetic and adventurous personality. Her dedication to both her profession and personal interests makes her a well-rounded individual, eager to embrace new challenges in all areas.



## DR. AMALA NANCY – EMINENT PROSTHODONTIST

Dr. Amala Nancy, a skilled prosthodontist, began her journey at Chettinad Dental College (2010). She pursued her postgraduate studies at AIIMS, New Delhi, from 2017 to 2020, after serving as a Junior Resident at AIIMS in 2016. In 2021, Dr. Nancy worked as a dental practitioner in Thanjavur before joining ESIC Dental College, Delhi, as a tutor. Currently, she serves as a Senior Resident at Maulana Azad Institute of Dental Sciences.

With a strong academic foundation and diverse clinical experience, Dr. Nancy continues to make significant contributions to the field of prosthodontics. We look forward to her continued success and impact on dental care.



**AISHWARYA VASUDEVAN – DEDICATED  
ENDODONTIST AND EDUCATOR**

Aishwarya Vasudevan, a 2013 graduate from Chettinad Dental College, pursued her postgraduate studies in Endodontics at Meenakshi Dental College from 2019 to 2022. Currently, she serves as an Assistant Professor at Meenakshi Dental College, where she has been contributing to education since 2022. Alongside her academic role, Aishwarya works as a Consultant Endodontist, offering her expertise to patients. She is also a part-time Technical Editor for the *Indian Endodontic Society Journal*, where she contributes to advancing the field through research and publications.



**JEEVAN JOSHUA – ASPIRING  
ORTHODONTIST**

Jeevan Joshua, a 2014 graduate from Chettinad Dental College, is currently pursuing his postgraduate studies in Orthodontics at CSI Dental College, Madurai. With a passion for advancing his expertise in orthodontics, Jeevan continues to build a strong foundation in the field, dedicating himself to providing excellent care and staying at the forefront of dental advancements. We look forward to his continued growth and success in the world of orthodontics.



**I PAD LEARNING- I BDS**



## **JENEFIER GNANASEKARAN – ENTHUSIASTIC ORTHODONTIST AND CLINIC FOUNDER**

Jenefier Gnanasekaran, a 2015 graduate of Chettinad Dental College, went on to pursue her postgraduate studies at Government Dental College, Thissur, from 2016 to 2019. She further honed her skills as a Senior Resident at GDC, Kerala, between 2019 and 2020. In 2019, she founded *Shades Dental Clinic*, where she continues to provide exceptional orthodontic care. Known for her enthusiasm and dedication, Dr. Gnanasekaran has received several awards for her work in the field. Her commitment to advancing orthodontics and her passion for patient care make her a respected figure in the dental community.



## **DR. SUBRAMANIA PRABHU – EXPERIENCED DENTAL PROFESSIONAL AND CLINICAL LEADER**

Dr. Subramania Prabhu, a 2011 graduate of Chettinad Dental College, has built a distinguished career in the dental field. After completing his undergraduate studies, he worked at 32 Dental Care, gaining valuable clinical experience. Dr. Prabhu then expanded his expertise by working as a Medical Analyst at Medusind, further broadening his knowledge in healthcare management.

Currently, Dr. Prabhu serves as the Clinical Head at Clove Dental, where he leads a team in delivering high-quality patient care. His diverse experience, coupled with his commitment to excellence, has made him a respected leader in the dental community. We look forward to seeing his continued contributions to the field of dentistry.



**DR. CELINE CORNELIUS – ACCOMPLISHED  
PERIODONTIST AND ACADEMIC LEADER**

Dr. Celine Cornelius, a 2012 graduate of Chettinad Dental College, has charted an impressive path in dentistry through continuous education and specialization. After completing her undergraduate studies, she pursued a Master’s in Dental Materials at the University of Hong Kong from 2013 to 2014. Driven by her passion for oral health, Dr. Cornelius went on to complete an MS in Oral Biology and Oral Maxillofacial Pathology from 2015 to 2017, followed by an MS in Periodontology from 2017 to 2020.

Currently, Dr. Cornelius serves as an Assistant Professor of Periodontology at Augusta University, USA, where she is dedicated to both teaching and advancing the field of periodontics. Her vast academic achievements and expertise in various aspects of oral health make her a valuable contributor to the global dental community. We look forward to her continued impact in education and clinical practice.



**DR. PREETHA BALAJI – SKILLED ORAL AND  
MAXILLOFACIAL SURGEON**

Dr. Preetha Balaji, a 2014 graduate of Chettinad Dental College, completed her postgraduate studies in Oral and Maxillofacial Surgery at Sri Balaji Dental College and Hospital from 2015 to 2018. Since 2014, she has worked as a Consultant at Balaji Dental and Craniofacial Hospital, specializing in advanced surgical treatments. With her expertise in oral and maxillofacial surgery, Dr. Balaji continues to provide high-quality care and make a significant impact in the field of dental and craniofacial healthcare.



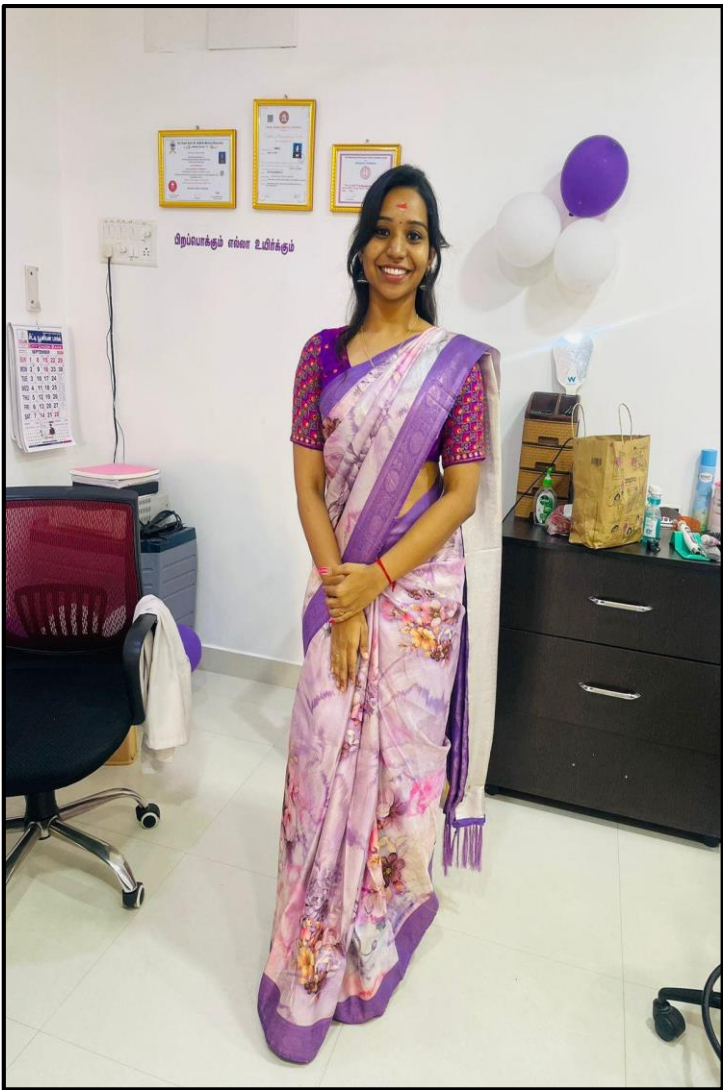
**DR. PRATHITHA PRAGATHI – SKILLED  
DENTIST**

Dr. Prathitha Pragathi, a 2016 graduate of Chettinad Dental College, completed her postgraduate studies at SRM Dental College, Kattankulathur, from 2017 to 2020. Currently practicing in Wellington, New Zealand, Dr. Pragathi continues to excel in the field of dentistry. Alongside her professional achievements, she is a passionate swimmer and has represented at the national level. Her dedication to both her career and sports makes her an inspiring figure in the dental and athletic communities.



**DR. ANUDHARSINI – DEDICATED DENTIST  
AND ENTREPRENEUR**

Dr. Anudharsini, a 2022 graduate of Chettinad Dental College & Research Institute, has worked at Crown Dental Care and Jaws & Teeth Dental Clinic, gaining valuable clinical experience. Currently, she is the founder of Anu Dental Clinic, where she continues to provide exceptional dental care. In addition to her dental practice, Dr. Anudharsini is pursuing an M.Sc. in Social Welfare, further expanding her knowledge and commitment to community service. Her diverse interests and dedication to both dentistry and social welfare make her a well-rounded professional.



UNIVERSITY EXAM ORIENTATION- DR. P. RAJESH

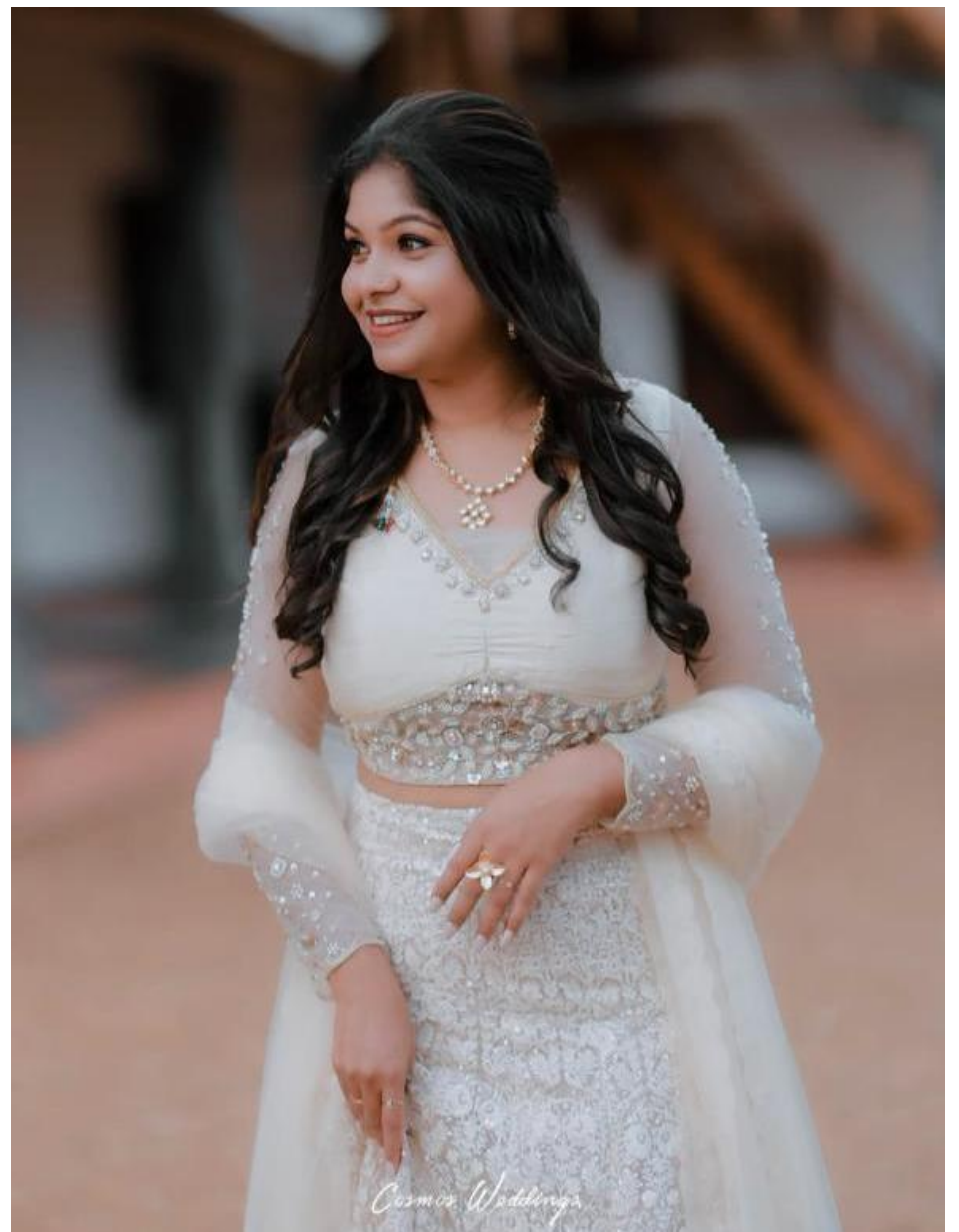
## DR, BHAVANA – BUDDING ORTHODONTIST

It's been a phenomenal journey through out these past 7 years in this esteemed institution. Having done my undergraduation here I couldn't have asked for a better place to pursue my post-graduation as well. The knowledge imparted by the faculty members and the variety of cases and exposure has contributed significantly to my learning curve. The safe campus and vibrant atmosphere are additional feathers on the cap.



## DR. HYMA EDWARD – MULTIFACETED DENTIST, ENTREPRENEUR, AND PLAYBACK SINGER

Dr. Hyma Edward, a 2023 graduate of Chettinad Dental College, is the founder of Revive Smile Dental Care in Thrissur. In addition to her dental practice, she is the proud owner of Michelle Apparel and Co., a boutique that reflects her entrepreneurial spirit. Dr. Hyma is also a talented playback singer in the Malayalam film industry, showcasing her versatility and creativity across various fields. Her passion for dentistry, business, and music makes her an inspiring and well-rounded professional.



DR.SARAH MAHFOOZA – 2013 TO 2018 BATCH

**DR. BHAVNA REDDY – AN ENTHUSUASTIC ORTHODONTIST IN CHETTINAD**

Dr. Bhavana Reddy, a 2023 graduate of Chettinad Dental College, is currently practicing as a dentist at Ashwini Multi-Specialty Dental Clinic in Nellore. With a strong foundation in dental education, she is committed to providing quality care and making a positive impact in her community. Dr. Bhavana’s dedication to her profession continues to drive her success in the field of dentistry.



**DR. GLADSON – ASPIRING ORTHODONTIST IN POSTGRADUATE TRAINING**

Dr. Gladson, a 2023 graduate of Chettinad Dental College & Research Institute, is currently pursuing his first year of postgraduate studies in Orthodontics and Dentofacial Orthopedics at Sree Balaji Dental College. With a strong foundation in dentistry, Dr. Gladson is focused on advancing his skills in orthodontics and is committed to making a significant impact in the field of dental care.



BEST YEAR INCHARGE – DR.SADASIVAM

## **DR. NYKLESH – ASSOCIATE PROFESSOR AND EXPERT ENDODONTIST**

Dr. Nyklesh, a 2012 graduate of Chettinad Dental College & Research Institute, completed his postgraduate studies in Endodontics at Maharaja Ganga Singh College from 2013 to 2016. Currently, he serves as an Associate Professor at Chettinad Dental College, where he shares his expertise with the next generation of dental professionals. In addition to his academic role, Dr. Nyklesh is a practicing Consultant Endodontist, providing high-quality care to patients. His dedication to both teaching and clinical practice makes him a valuable asset to the dental community.



## **DR. ABDHUR RAHMAN – EXPERT ORTHODONTIST AND CLINIC OWNER**

Dr. Abdhur Rahman, a 2012 graduate of Chettinad Dental College & Research Institute, pursued his postgraduate studies in Orthodontics at Government Dental College, Hyderabad, from 2013 to 2016. He is now the proud owner of his own clinic, where he practices as a Consultant Orthodontist. With his specialized skills and experience, Dr. Abdhur Rahman is dedicated to providing exceptional orthodontic care to his patients.



**DR. ANANTH NARAYANAN – FOUNDER OF  
GURU DENTAL CARE, BANGALORE**

Dr. Ananth Narayanan, a 2012 graduate of Chettinad Dental College, founded Guru Dental Care in Bangalore in 2019. With a passion for providing top-quality dental care, he has built a successful practice that prioritizes patient well-being and satisfaction. Dr. Ananth Narayanan's journey from a dedicated BDS graduate to a clinic owner highlights his commitment to excellence in the field of dentistry.



**DR. VASANTH VEERAMANI –  
OWNER AND PRACTICING  
DENTIST**

Dr. Vasanth Veeramani, a 2012 graduate of Chettinad Dental College and Research Institute, has been successfully practicing dentistry since 2013. As the owner of his own dental clinic, Dr. Vasanth is dedicated to providing high-quality care and ensuring the well-being of his patients. His years of experience and commitment to dental excellence make him a trusted professional in the field.



**DR. RAJMANICKAM – CONSULTANT  
PROSTHODONTIST AND CLINIC OWNER**

Dr. Rajmanickam, a 2017 graduate of Chettinad Dental College, completed his postgraduate studies in Prosthodontics between 2019 and 2021. He is the proud owner of a dental clinic and practices as a Consultant Prosthodontist in South Tamil Nadu. With his expertise in restorative and prosthetic dentistry, Dr. Rajmanickam is committed to providing high-quality dental care and improving the smiles of his patients.



**DR. METHAF MOIDEEN – OWNER OF  
CRESCENT DENTAL CLINIC & IMPLANT  
ORTHODONTIC CENTRE**

Dr. Methaf Moideen, a 2019 graduate of Chettinad Dental College, is the proud owner of Crescent Dental Clinic & Implant Orthodontic Centre. With a strong foundation in dentistry, Dr. Methaf specializes in providing comprehensive dental and orthodontic care, offering advanced treatments to enhance both function and aesthetics. His clinic is dedicated to delivering high-quality care in a comfortable and welcoming environment.



**DR. ANAND KASI – FOUNDER OF ASV  
DENTAL CARE AND EXPERIENCED  
PEDODONTIST**

Dr. Anand Kasi, a 2016 graduate of Chettinad Dental College, completed his postgraduate studies in Pedodontics at Annamalai University from 2017 to 2020. He served as an Assistant Professor at SRM Dental College, Kattankulathur, until 2022. Currently, Dr. Anand is the founder of ASV Dental Care, where he provides specialized dental care, focusing on the unique needs of pediatric patients. His commitment to excellence in both education and patient care has made him a trusted name in the field of pedodontics.



**DR. SAM PRASAD – SPECIALIST  
ORTHODONTIST AT HAROON DENTAL  
CENTER, OMAN**

Dr. Sam Prasad, a 2014 graduate of Chettinad Dental College, holds an MDS, MBA in Healthcare Management, M(Orth), and is a Member of the Royal College of Physicians and Surgeons (RCPS), Glasgow, UK. Currently, Dr. Sam is working as a Specialist Orthodontist at Haroon Dental Center in Oman, where he applies his extensive training and expertise to provide advanced orthodontic care. His diverse qualifications and international experience make him a highly skilled and respected professional in the field of orthodontics.





1/2





American Heart Association

**I AM  
A CERTIFIED  
BLS  
PROVIDER**

DR.GAYATHRI S A,CRI(2017-18 BATCH)








American Heart Association

**I AM  
DR. ASHWINTHAN M.,  
I YEAR(PG)  
ORAL MEDICINE AND  
RADIOLOGY  
BLS AND ACLS  
PROVIDER**

@CHETTINAD SKILL SIMULATION CENTRE,CHETTINAD HEALTH CITY



**SPOTLIGHT: DR. SAMYUKTHA – A RISING  
STAR IN ORAL PATHOLOGY**

**HIGHLIGHT: DR. IMMANUEL – BALANCING  
DENTISTRY AND FITNESS**

Dr. Samyuktha, an accomplished academician and researcher, completed her BDS at Saveetha Dental College (2014-2019) and MDS in Oral Pathology at Chettinad Dental College (2020-2023). She gained clinical experience as a Resident Dentist at Sri Dhanvantri Dental College in 2019 and currently serves as a Senior Lecturer at Meenakshi Dental College, mentoring students and contributing to academic excellence.

A prolific author with numerous publications, Dr. Samyuktha's dedication to research and innovation continues to inspire her peers and students. Her achievements reflect a commitment to advancing the dental field.



Dr. Immanuel, an alumnus of Chettinad Dental College (2014 batch), currently serves at the Government Hospital, Thoothukudi. Known for his dedication to healthcare, he has made significant contributions to patient care in his role.



Beyond his professional commitments, Dr. Immanuel is an avid advocate for fitness and sports, embodying a holistic approach to well-being. His enthusiasm for maintaining an active lifestyle inspires colleagues and peers.



We celebrate Dr. Immanuel's dedication to dentistry and fitness, showcasing how a balanced approach can lead to excellence in multiple domains.

**Yoga simultaneously stimulates our inner light and quiets our overactive minds.  
We feel the burn and find our bliss. Transform your Fridays with Yoga at  
CDCRI! Unwind, recharge, and find your balance.**





**Chettinad**  
Dental College & Research Institute



## *Conservative Dentistry & Endodontics*

I-PAD DISTRIBUTION TO STUDENTS



## SPOTLIGHT: DR. SOPHIA – EXCELLENCE IN PERIODONTICS

Dr. Sophia, a Consultant Periodontist at Microsmiles, has made remarkable strides in the field of periodontics. After completing her BDS at Ragas Dental College and her MDS in Periodontics from Chettinad Dental College, she established a solid foundation in clinical practice and research.

With multiple publications and a patented innovation to her name, Dr. Sophia is celebrated for her forward-thinking approach to periodontal care. Her unwavering commitment to excellence in both teaching and patient care continues to inspire her peers and shape the future of periodontics.



## SPOTLIGHT: EXCELLENCE IN ENDODONTICS

Dr. Praveena Sharma, a 2007 Graduate of Chettinad Dental College and Research Institute completed her postgraduate degree in Conservative Dentistry and Endodontics from Kanti Devi Dental College & Hospital, Mathura, this accomplished professional is currently a dedicated faculty member at Subbaiah Institute of Dental Sciences, Shivamogga.

Their passion for teaching shines through in their guidance of undergraduate and postgraduate students, fostering both academic and clinical excellence. Beyond teaching, they are committed to delivering exceptional dental care to patients. Notably, they are the author of a comprehensive book on traumatic dental injuries, showcasing their expertise and dedication to advancing knowledge in the field.

Their contributions exemplify a commitment to education, clinical care, and research in dentistry.



## MEET DR. NASHEEDA: A DEDICATED DENTAL PROFESSIONAL

Dr. Nasheeda, a 2012 graduate of Chettinad Dental College, is currently practicing at Nabadh Medical Centre in Qatar. With years of experience and a commitment to exceptional patient care, she continues to make a positive impact in the field of dentistry. We celebrate her achievements and look forward to her ongoing contributions to oral health.



## SPOTLIGHT ON DR. RAUF AHMED: MENTOR, TRAINER, AND PRACTITIONER

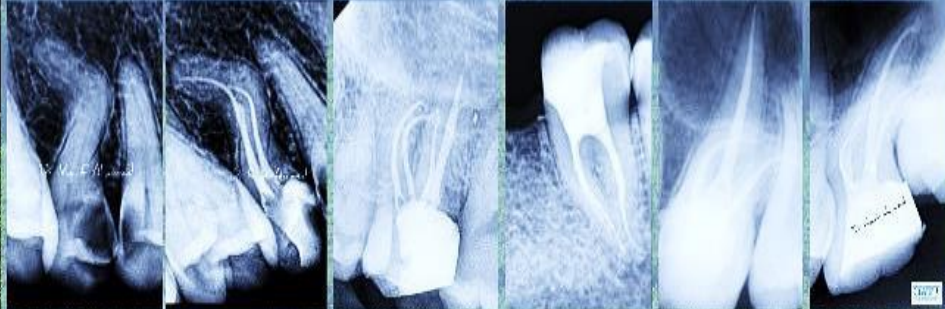

Dr. Rauf Ahmed, a 2012 graduate of Chettinad Dental College, is a busy practitioner and a dedicated mentor in the field of dentistry.



Along with owning a successful dental clinic in Kerala, he actively conducts endodontic courses, sharing his expertise with aspiring dentists.

### NEGOTIATING THAT IMPOSSIBLE CURVE

DR RAUF AHMED IS A CLINICIAN . HE GRADUATED FROM CHETTINAD DENTAL COLLEGE AND RESEARCH INSTITUTE. HE CONDUCTS SEVERAL PAN INDIA WORKSHOPS AND INTERNATIONALLY ON ENDODONTICS . HE IS THE GOLD MEMBER AND SPEAKER OF RENOWNED 3D CLEANING PROJECT ENDODONTIC GROUP .FOUNDED BY DR ALFREDO IANDALO ITALY . HIS TOPIC OF INTEREST IS MANAGEMENT OF SEVERELY COMPLEX CURVED CANALS . HE HAD DONE SEVERAL WORKSHOPS ON THE TOPIC OF MANAGEMENT OF CURVED CANALS IN VARIOUS COLLEGES ACROSS THE STATE , IDA PROGRAMMES AND INTERNATIONAL CONFERENCES .



## MEET DR. SUDHA VINOOTH KUMAR: AN ASSOCIATE DENTIST IN GERMANY

Dr. Sudha Vinoth Kumar, a 2013 graduate of Chettinad Dental College, is currently practicing as an Associate Dentist in Germany. With a strong foundation in dental education and international experience, Dr. Sudha continues to make a valuable impact in the global dental community. We wish her continued success in her career abroad!



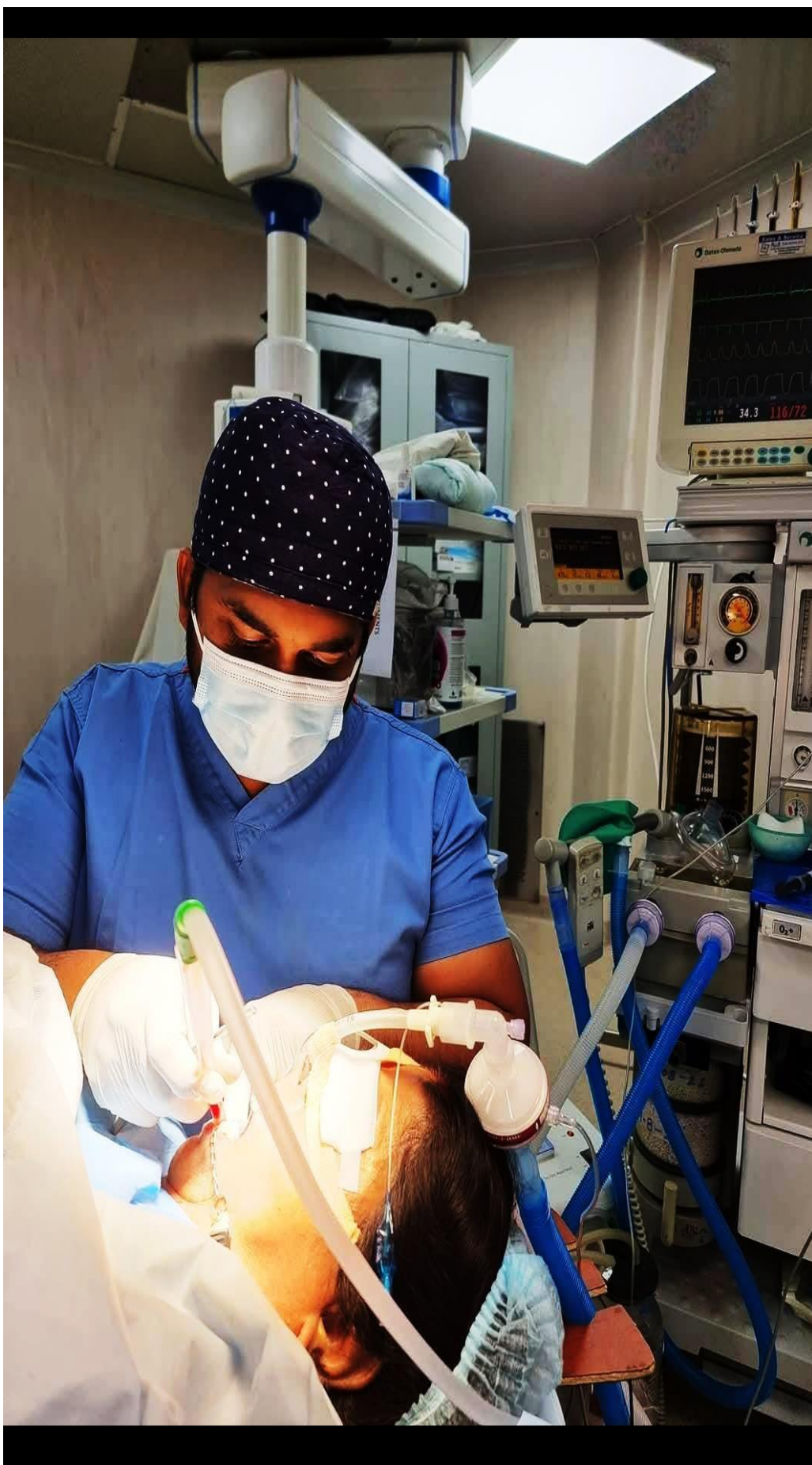
## DR. VINAYAK: A GLOBAL DENTAL CAREER



Dr. Vinayak, a 2013 graduate of Chettinad Dental College, has gained extensive experience across the globe. He practiced in New Zealand at Dental Health Wairoa (2016-2018) and **Capital Dental Wellington** (2019-2021). He is currently a **General Dentist** at **Naenae Dental Clinic** in New Zealand, where he has been since 2021

## DR. BEJOY ZACHARIAH: EXPERT PROSTHODONTIST & CLINIC OWNER

Dr. Bejoy Zachariah, a 2013 graduate of **Chettinad Dental College**, completed his **Postgraduate** studies in **Prosthodontics** from **Pondicherry University**. He is now a busy **Consultant Prosthodontist** and the proud owner of a dental clinic in **Chennai**, where he provides specialized care in prosthodontics.



## DR. PRASAD: GENERAL DENTIST IN QATAR

Dr. Prasad Ravichandran, a 2013 graduate of **Chettinad Dental College**, completed his **Postgraduate** studies in **Orthodontics**. Currently, he is practicing as a **General Dentist** in **Doha, Qatar**, where he continues to provide excellent dental care. Dr. Prasad's diverse expertise enriches his practice, helping him deliver comprehensive treatments to his patients.



**DR. ANILA CHANDY: OWNER OF SKY DENTAL CLINIC**

Dr. Anila Chandy, a 2013 graduate of **Chettinad Dental College**, is the proud owner of **Sky Dental Clinic**. With a passion for providing quality dental care, Dr. Anila continues to serve her community, ensuring excellent treatments and patient satisfaction at her clinic.

**DR. PRIYADHARSHINI: EXPERT IN ORAL MEDICINE & RADIOLOGY**

Dr. Priyadharshini, a 2014 graduate of **Chettinad Dental College**, completed her **Postgraduate** studies in **Oral Medicine & Radiology** (2018). After serving as an **Assistant Professor** at **Chettinad Dental College**, she is currently working at **Amity University** in **Malaysia**, where she continues to share her expertise in oral health.



## MEET DR. JAYAVEL - YOUR TRUSTED DENTAL EXPERT

Dr. Jayavel, a graduate of Chettinad Dental College (2010-2016) and a Postgraduate in Oral Medicine & Radiology from Vinayaka Mission's University (2019-2022), is the proud owner of a dental clinic in Erode.



## MEET DR. SOWBARNIKA

Dr. Sowbarnika, a graduate of Chettinad Dental College (2010-2016), went on to complete an M.Sc. in Clinical Embryology. She is currently working as a Clinical Embryologist at Chettinad Fertility Centre, helping couples achieve their dreams of parenthood.



## DR. ABHILESH BABU – TRANSFORMING DENTAL CARE WITH VISION AND INNOVATION

Dr. Abhilesh Babu, the visionary Director of **Ethereal Dental Hub**, is revolutionizing the dental landscape by combining his expertise in dentistry with strategic business insights. A proud graduate of **Chettinad Dental College** (BDS) and **IIM Calcutta** (Management), he is driven by a passion for excellence.



In 2022, he founded **Ethereal Dental Hub** in **Navalur** and expanded his footprint with a new branch in **Neelankarai** this year. Dr. Abhilesh's leadership is redefining the future of dental care, offering patients top-notch services while shaping the next generation of dental practices.

## DR. YOSHITA KOTA – REDEFINING PROSTHODONTICS

Dr. Yoshita Kota, the founder and chief of **Esthete Dental**, is a trailblazer in the field of prosthodontics. She completed her BDS from **Chettinad Dental College** in 2008 and went on to earn her MDS in Prosthodontics from **SRM Kattankulathur**.



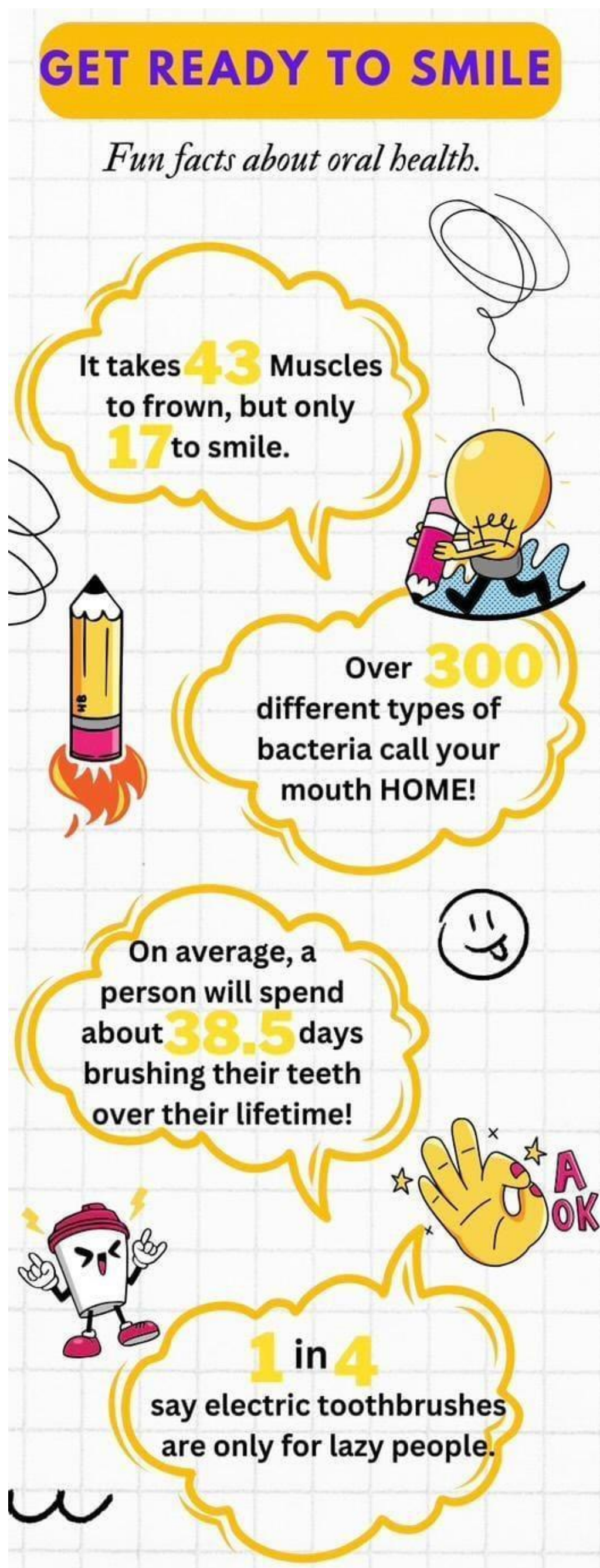
With a passion for innovation and patient care, Dr. Yoshita is reshaping the prosthodontic landscape, setting new benchmarks for excellence in dental restoration and care. Her leadership continues to inspire and drive advancements in the field.

## DR. ABINANDHAN – ADVANCING PUBLIC HEALTH RESEARCH

Dr. Abinandhan, a 2016 BDS graduate from Chettinad Dental College, has expanded his expertise in public health with a Master's in Public Health from JIPMER, Puducherry (2022-2024). Currently, he serves as a Research Scientist-1 (Medical) at PIMS, Puducherry, where he is contributing to the ICMR-PANACEA BIOTEC 'DengiAll' Vaccine Trial.



His unique combination of dental and public health knowledge is driving impactful research in vaccine development, highlighting his dedication to improving global health outcomes.



**SPOTLIGHT: TAMIL SELVAN – A COMMITTED PERIODONTICS SCHOLAR**

Tamil Selvan, a 2016 graduate of **Chettinad Dental College**, is currently pursuing his MDS in **Periodontics** at **Adhi Parasakthi College**. Known for his sincerity and unwavering commitment to his studies, Tamil Selvan has consistently demonstrated a passion for advancing his knowledge in periodontics



His dedication to excellence and deep focus on learning set him apart as a promising future leader in the field of dentistry.



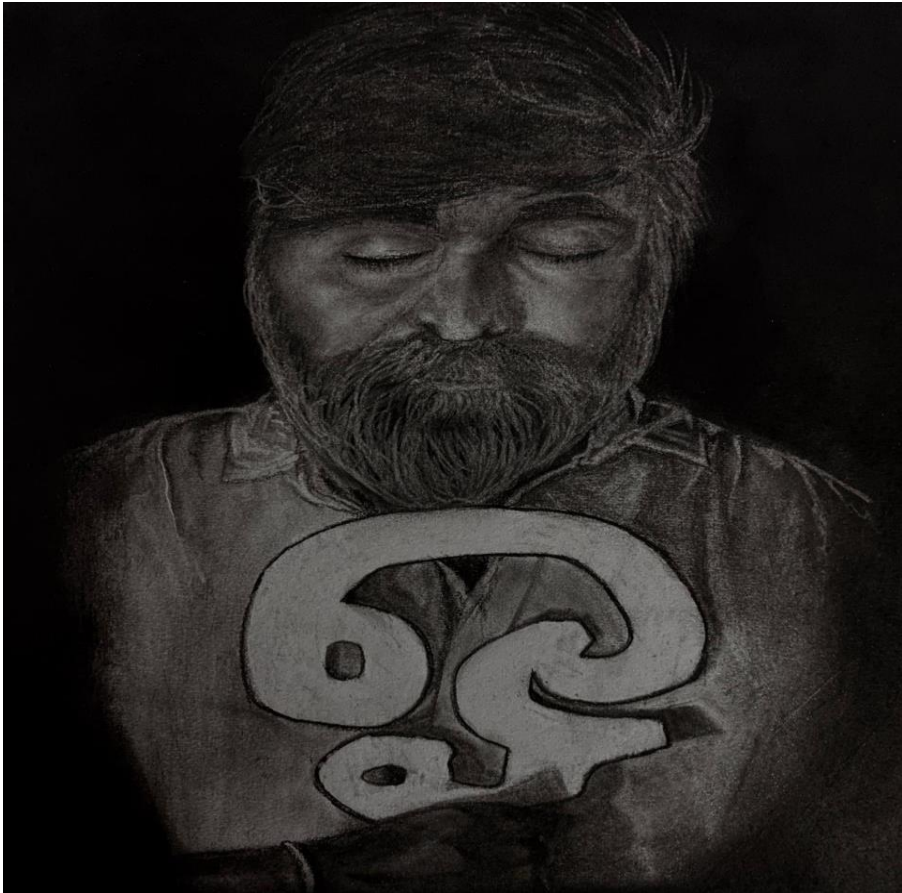
**DR. ABINAYA CHARI: A JOURNEY OF EXCELLENCE IN PEDIATRIC DENTISTRY**

Dr. Abinaya Chari, a graduate of Chettinad Dental College (2011-2016), has made remarkable strides in the field of pediatric dentistry. After completing her DDS and specializing in Pediatric Dentistry, she has built a successful career. Currently, Dr. Abinaya is serving as a Kids Specialist in New Jersey, USA, where she continues to make a positive impact on the lives of her young patients. Her journey is a testament to dedication, expertise, and the global reach of Chettinad Dental College alumni.



**SPOTLIGHT: DR. RAGHAVI – MERGING DENTISTRY WITH ART**

Dr. Raghavi, a 2016 graduate of Chettinad Dental College, is the proud owner of Dr. Raghavi Dental Studio in Thiruvotiyyur, Chennai. With a passion for both dentistry and art, she combines her clinical expertise with her love for pencil sketching and artistic skills. Her unique ability to blend the precision of dentistry with the creativity of art has made her a standout professional, delivering exceptional care to her patients while also pursuing her artistic passion.



**SPOTLIGHT: DR. NAAFIA FATHINA – A PASSIONATE  
ORAL PATHOLOGIST**

Dr. Naafia Fathina, a 2016 graduate of Chettinad Dental College, completed her PG in Oral Pathology at the same institution in 2022. With a strong interest in research, Dr. Naafia is committed to advancing knowledge in oral pathology and making meaningful contributions to the field.

Her dedication to academic excellence and her sincerity has earned her respect among peers and faculty alike.



**SPOTLIGHT: PRIYADARSHINI – A PROMISING FUTURE  
IN ORTHODONTICS**

Priyadarshini, a 2017 graduate of Chettinad Dental College, is currently pursuing her MDS in Orthodontics at Vels University. Known for her keen interest in research, she has made several contributions to the field through her publications.

Her dedication to academic excellence and her passion for advancing orthodontic care make her a rising star in the dental community. We look forward to her continued success and contributions to the field.



## **DR.LOKESH RAM – JOURNEY FROM CHETTINAD TO UK**

My journey as an international dentist from India to the UK has been a remarkable blend of learning, growth, and adaptation. After earning my dental degree in India, I moved to the UK to pursue a Master's degree, aiming to broaden my expertise and gain exposure to global dental practices. While studying, I took the Overseas Registration Exam (ORE) to qualify as a dentist in the UK. Successfully passing Part 1 was a significant milestone, and I am now preparing for Part 2, scheduled for January. To gain hands-on experience and integrate into the UK dental healthcare system, I pursued roles as a Dental Hygienist and Therapist.

Working as a Dental Hygiene Therapist has been an enriching experience. It has allowed me to refine my clinical skills, build patient trust, and adapt to the NHS and private practice environments. This role has been pivotal in helping me understand the nuances of UK dentistry and bridge the gap between my past experience and future goals. Each step of this journey has reinforced my commitment to excellence and continuous learning. I am excited to contribute to the field further while advancing toward full dental registration in the UK

.



### **SPOTLIGHT: PAVITHRA MANOHARAN – A RISING STAR IN ORAL SURGERY**

Pavithra Manoharan, a 2017 graduate of Chettinad Dental College, is currently pursuing her MDS in Oral Surgery at AIIMS. A passionate researcher, she has contributed significantly to the field with numerous publications.

Alongside her academic pursuits, Pavithra has a strong interest in drawing, showcasing her creativity beyond the dental world. Her dedication to both oral surgery and artistic expression makes her a well-rounded and inspiring individual in the dental community.



### **SPOTLIGHT: DR. MUKILAN – A PASSIONATE ADVOCATE FOR PUBLIC HEALTH**

Dr. Mukilan, a 2017 graduate of Chettinad Dental College, completed his Masters of Public Health at the University of Limerick. He was honored with the prestigious Dr. Sheila Boland Scholarship for his academic excellence.

A dedicated researcher with numerous publications to his name, Dr. Mukilan is a strong advocate for public health. His passion for research and commitment to improving community health continue to inspire those around him.



## **EMPLOYEE SPOTLIGHT:**

### **DR. ABHIMANYU**

We are proud to feature Dr. Abhimanyu, who completed his dental degree at Chettinad Dental College (2012-2017) and interned with the NHI Mission, Tamil Nadu, in 2021. He further expanded his skills by earning an MBA and certifications in EPR, REP, and Artificial Intelligence. Currently, Dr. Abhimanyu works as an Application Development Analyst at Accenture, Chennai. His diverse expertise and dedication to growth are truly inspiring!



## **EMPLOYEE SPOTLIGHT: DR. MITUL UMASHANKAR**

We are delighted to spotlight Dr. Mitul Umashankar, who completed his undergraduate studies at Chettinad Dental College (2012-2017) and pursued his postgraduate degree at Meenakshi Ammal Dental College and Hospital (2018-2021). He is currently working as a Consultant Pedodontist, where his expertise and passion for pediatric dentistry continue to make a positive impact.



## ENDODONTIST: DR. MANIMARAN

We are proud to feature Dr. Manimaran, who completed his undergraduate studies at Chettinad Dental College (2012-2017) and pursued his postgraduate degree in Endodontics at KSR Dental Sciences & Research. He is currently serving as a Consultant Endodontist and Senior Lecturer at KSR, where his expertise and dedication to teaching are truly commendable.



## DR. SNEGA TAMILSELVAN

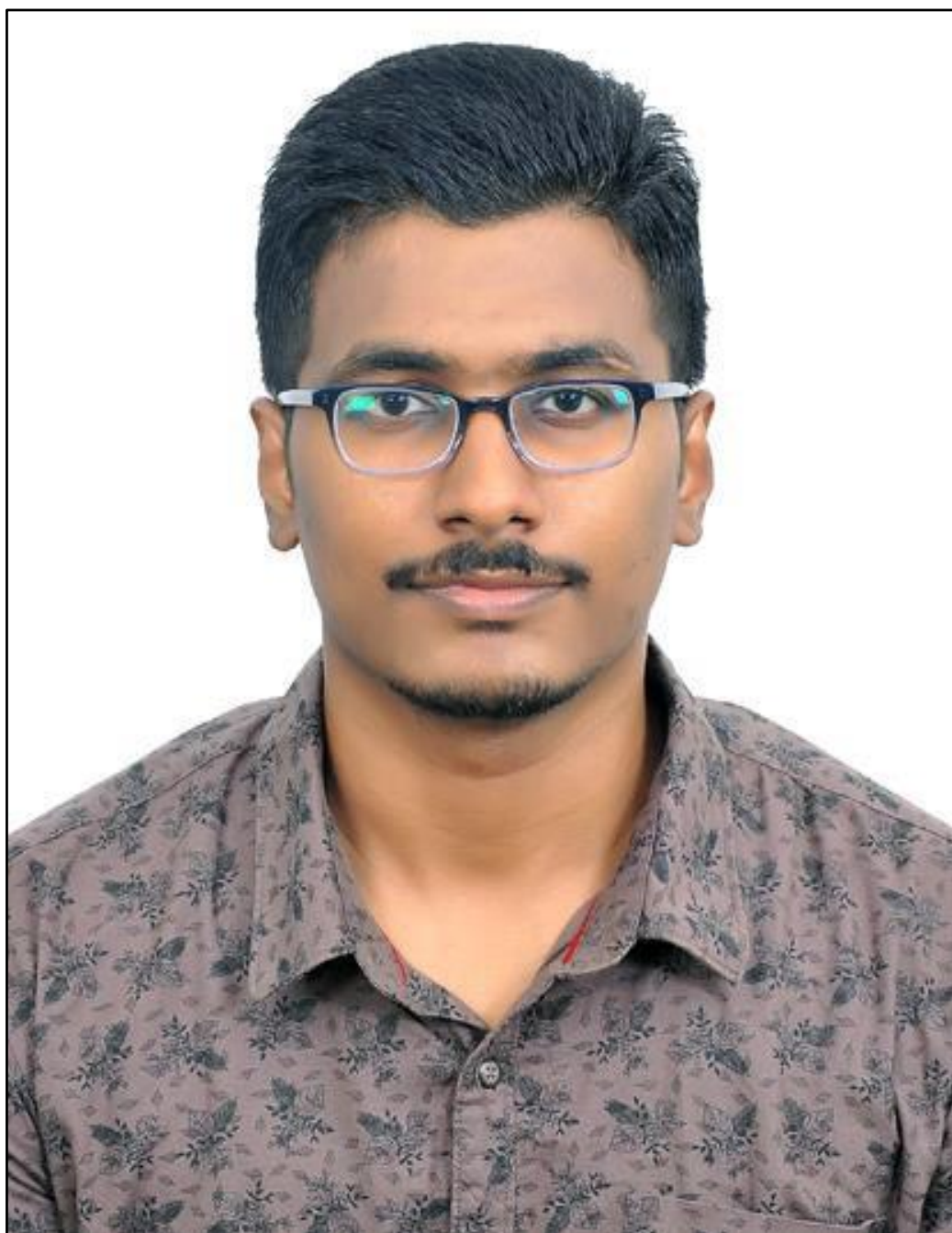
### BUDDING ORAL PATHOLOGIST

Dr. Snega T, completed her undergraduate studies at Chettinad Dental College & RI (2012-2017) and pursued her postgraduate degree in Oral Pathology at Saveetha University. She is currently working as an Assistant Professor at Chettinad Dental College, where she continues to contribute her knowledge and expertise to the academic community.



### Dr. Mohana Krishnan: Advancing Dental Education and Care

Dr. Mohana Krishnan completed her undergraduate studies at Chettinad Dental College (2012-2017) and pursued her postgraduate degree in Orthodontics at GDC, Chennai (2018-2021). She is currently serving as an Assistant Professor at Priyadarshini Dental College, where she combines her expertise in orthodontics with a passion for educating future dental professionals.



### Dr. Melvin George: Expertise in Oral Surgery and Education

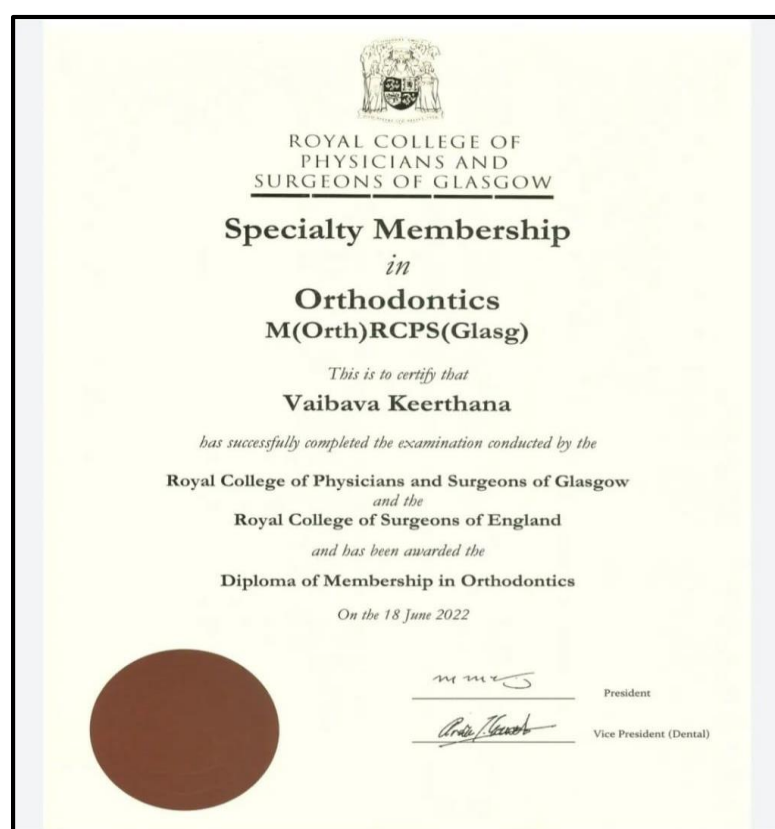
Dr. Melvin George completed his undergraduate studies at Chettinad Dental College (2008-2013) and pursued his postgraduate degree in Oral Surgery at Saveetha University. He is currently serving as an Assistant Professor at Saveetha University, where he imparts his knowledge and expertise in oral surgery to the next generation of dental professionals.



**OVER ALL WINNER  
OF INTERCOLLEGE  
CHESS  
COMPETITION 2023-  
SHREYAS, I BDS**

### DR. VAIBAV KEERTHANA:

Completed MDS in Orthodontics from Sree Balaji dental college Chennai and currently working as senior lecturer at RVS dental college, Coimbatore Completed Membership in Orthodontics examination from royal college of physicians and surgeons, Glasgow



### DR. AARON PHILIP:

The halls of the prestigious dental college are forever etched in my memory, where every corner held a moment of discovery and growth. I recall the nervous excitement before every exam, the relentless pursuit of perfection in my clinicals. The hum of equipment, takes me back to the days of hands-on learning and countless hours spent refining my skills. The friendships forged in those intense years—formed in the face of stress and triumph—remain some of the most cherished bonds I’ve ever known. It was a time when each challenge felt monumental, but each triumph, no matter how small, felt like a victory shared by all. Outside the classrooms, sports became my refuge—a chance to unwind and bond with friends through football, where victory was sweet and defeat was a lesson in resilience. The experience of public speaking, whether presenting research or speaking at events, pushed me out of my comfort zone and helped me develop confidence, making me realize that my voice mattered not only in the clinic but also in the broader community.



**DR. VANDANA: UPCOMING ALUMNI**

My journey at our dental college has been truly transformative. The institution has been instrumental in helping me achieve distinctions and honors in academics while encouraging my passion for extracurriculars like singing, basketball, cricket, and scientific events, where I’ve won several accolades. I’m grateful for the support to participate in platforms such as Zee Tamizh and On the Streets of Chennai. Representing my class and organizing events taught me leadership, patience, and invaluable life lessons. I’m especially thankful to my seniors for guiding me in my future plans, including preparing for the ADC and pursuing PG in Australia.



**DR. VAISHALI: EXCELLENCE IN ORAL SURGERY AND AESTHETIC MEDICINE**

Dr. Vaishali completed her BDS at KSR Institute of Dental Sciences (2012–2017) and earned her MDS in Oral Surgery (2019–2022), graduating with a Gold Medal from TN MGR University. Currently pursuing an MS in Esthetic Medicine and Esthetic Surgery at the Institute of Laser and Esthetic Medicine, she also serves as a Senior Lecturer at Chettinad Dental College. With numerous publications, a passion for research, and expertise in implant placement, Dr. Vaishali blends surgical precision with aesthetic excellence. Her achievements and dedication make her an inspiration in her field.



DR. SHRUTHI,  
LECTURER,  
PEDODONTICS

## ALUMNI SPOTLIGHT: DR. SOUNDAR RAJAN

Chettinad Dental College proudly celebrates *Dr. Soundar Rajan*, a distinguished graduate from the 2015 batch. Currently in his *3rd year of postgraduate studies in Prosthodontics* at *AIIMS, New Delhi*, Dr. Soundar Rajan's dedication and achievements inspire both students and faculty.

We wish him continued success as he excels in Prosthodontics, making his alma mater proud!



## ALUMNI SPOTLIGHT: DR. GOKUL KANNAN

*Dr. Gokul Kannan*, a distinguished alumnus from the 2019 batch. Known for his vibrant participation in debates, Dr. Gokul earned accolades from renowned speakers like *Pattimandram Raja* and *Bharathi Bhaskar*, showcasing his eloquence and critical thinking.



Dr. Gokul's academic and extracurricular achievements include:

- Overall Best Poster at MIDAS 2023
- 2nd Place in the Indian Dance Crew competition at MIDAS 2023
- Two publications and a copyright
- Academic honors in Anatomy and Pharmacology
- Distinctions in Physiology, Biochemistry, Pathology, Microbiology, and Pedodontics

Dr. Gokul's journey exemplifies excellence and versatility, making him a source of pride for Chettinad Dental College. We wish him continued success in all his endeavors!



## DR. BHARATH: A MULTIFACETED DENTAL PROFESSIONAL AND ENTREPRENEUR

Dr. Bharath, a distinguished alumnus of Chettinad Dental College (BDS, 2008), went on to specialize in Oral Medicine and Radiology. His journey exemplifies excellence in dentistry and entrepreneurship.

Founder & Leader:

- Chairman and Managing Director of Ananshi Dental Care Pvt. Ltd.
- Managing Director of Ananshi Dental Surgical and Pediatric Center in Madipakkam and Perumbakkam.
- Founder and Managing Director of Anshu's Café on OMR, Chennai.

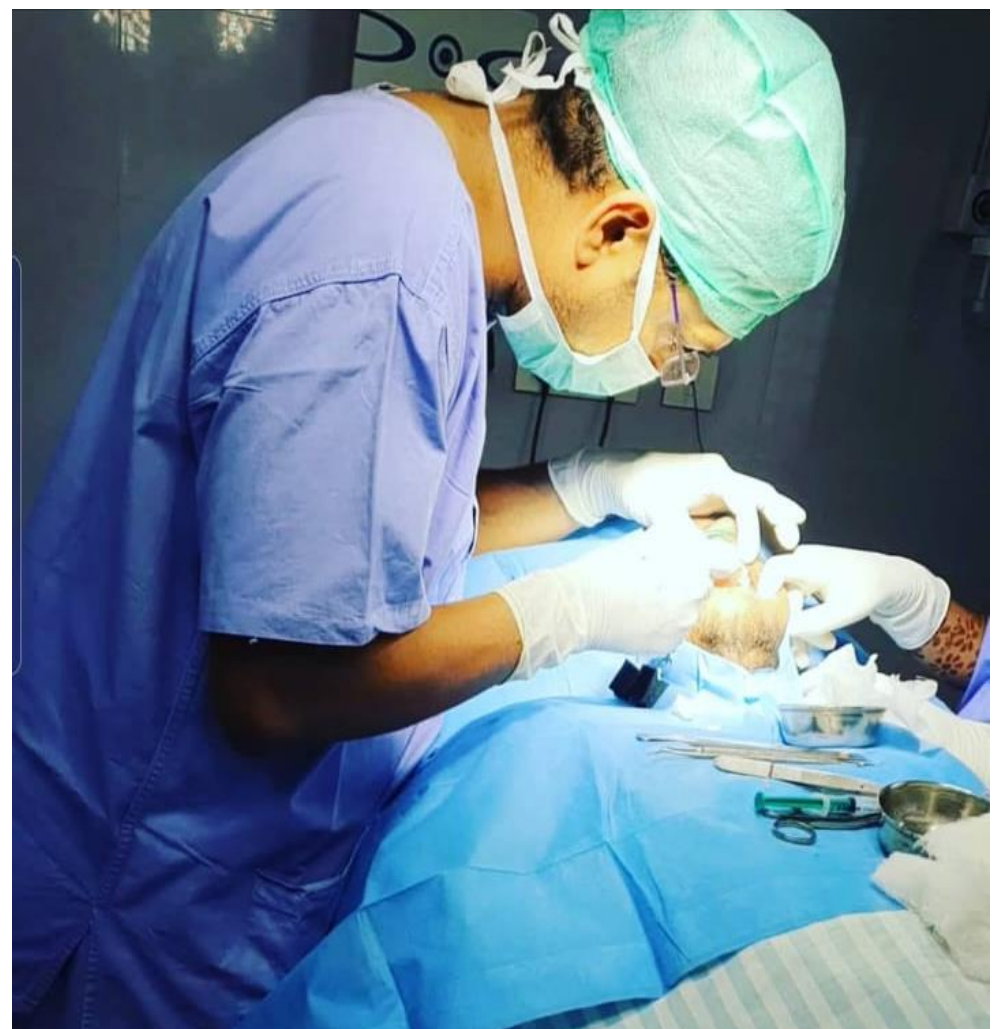
Clinical Excellence:

- Department Head, Dental & Maxillofacial Services, Neolife Children Hospital (Madipakkam and Velachery).
- Visiting Consultant at Kauvery Multispecialty Hospital (Alwarpet), Prashant Multispecialty Hospital (Velachery), and C- Dot Hospital (Perumbakkam).
- Chief Consultant at Anjakha Hospital, Keelkatalai.

Global Reach:

- Renowned Dental and Oral Maxillofacial Consultant for international patient care, catering to Middle Eastern countries like Oman and UAE.

Dr. Bharath's impressive contributions in clinical care, management, and international patient services make him an inspiration in the dental fraternity.



## DEPARTMENT OF PERIODONTOLOGY



**SMILES IN STYLE**



**CELEBRATION OF ORTHODONTIC EXCELLENCE**



# Milestones of Public Health Dentistry



# ORAL PATHOLOGY UNVEILED: A VISUAL JOURNEY 2024



# DEPARTMENT OF PROSTHODONTICS- CROWN & BRIDGE



## ADVANCING CLINICAL EXCELLENCE AT CHETTINAD SKILLS AND SIMULATION CENTER

The Chettinad Skills and Simulation Center is a cutting-edge facility focused on equipping students and healthcare professionals with essential clinical skills. Using state-of-the-art simulation technologies, it bridges the gap between theory and practice, enhancing confidence and competence.

### Highlights

- **Innovative Training:** Simulated scenarios for early detection of critical conditions and improved patient outcomes.
- **Broad Applications:** Hands-on training for all clinical disciplines, emphasizing teamwork and crisis management.

### Accreditations

1. American Heart Association (AHA): BLS, ACLS, PALS.
2. Indian Resuscitation Council: BCLS, CCLS.
3. AAFP and ILTS: Advanced Life Support in Obstetrics (ALSO).

### Programs

- Weekly AHA-accredited life support courses.
- Workshops in suturing, neonatal care, and obstetric emergencies.
- Orthopedic and other specialized skills training.

By fostering excellence in healthcare education, the center prepares professionals to deliver top-quality patient care.



## GOLDEN HONOR FOR ACADEMIC EXCELLENCE

- DR. AISHWARYA- BDS- GOLD MEDALIST 2013- 2018:



- DR. ANISHA – MDS- PEDIATRIC DENTISTRY- 2021



- **DR.NANCY ROBERT – MDS - PROSTHODONTICS – 2021**



- **DR.VAISHALI – MDS – ORAL SURGERY – 2022**



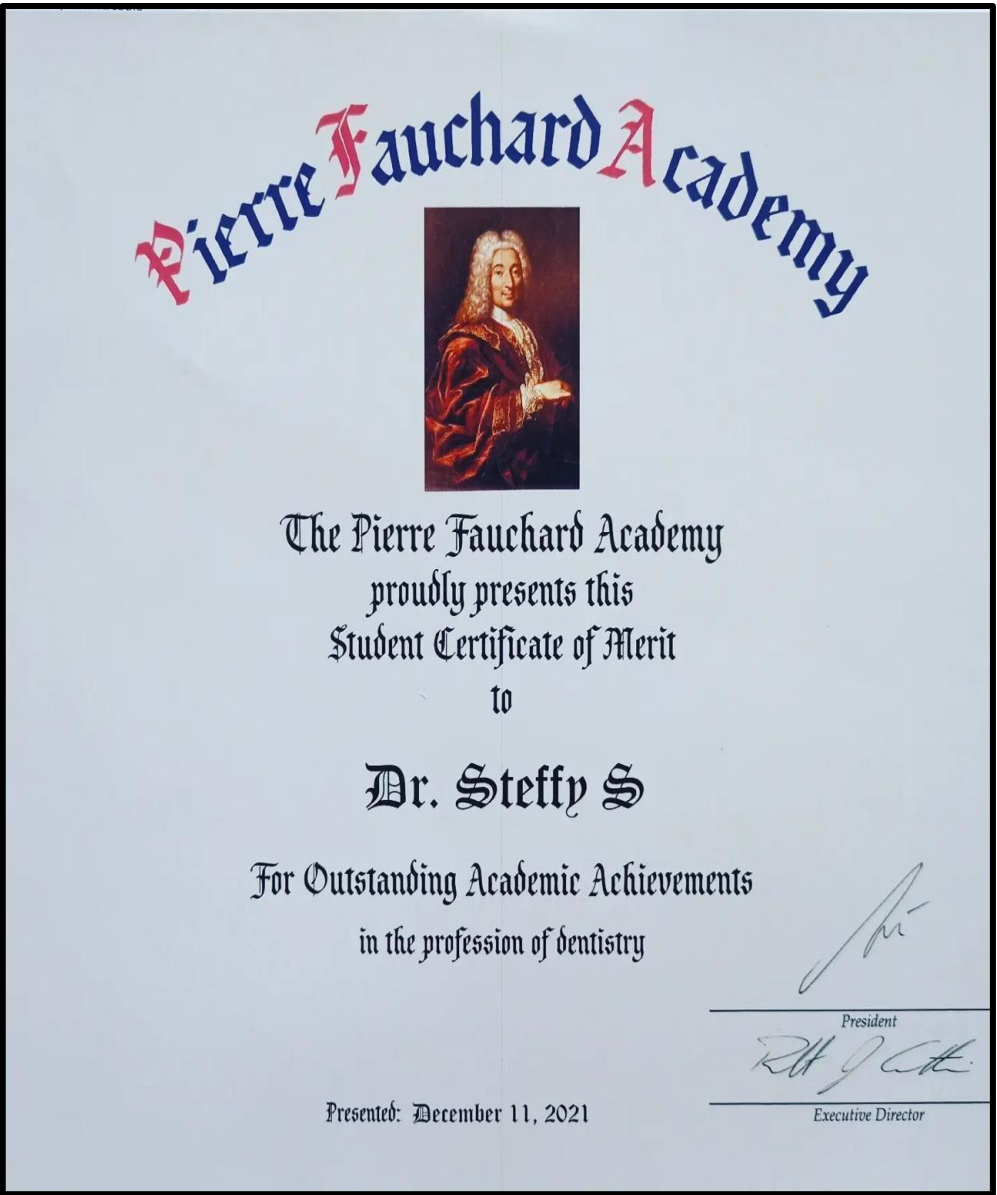
- **DR.MAYANK KUMAR PARAKH- BDS EXAMINATIONS – 2015**



• DR.ADITHI – BDS EXAMINATIONS – 2017



• DR,STEFFY – 2021



- DR. LISHA –ORAL AND MAXILLOFACIAL SURGERY – BDS 2023



- DR.TAMIL SELVAN – B.D.S – 2020



• DR.CHARUMATHI – M.D.S – PUBLIC HEALTH DENTISTRY - 2023



**Department of Public Health Dentistry**

*Congratulates*

**DR. CHARUMATHI**

for being the  
**"Subject topper – Gold Medalist in PHD"**  
PG examinations of The Dr TNMGRMU 2022-23.

DR. DIVYA RANI- BEST POSTER AWARD- “FUTURE OF MEDICINE” CONFERENCE



**Department of Oral Medicine & Radiology**

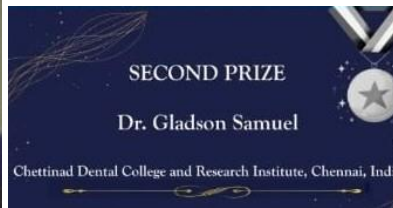
*Congratulates*

**DR. DIVYA RANI**

for Winning Best Poster Award at  
The Kalaingar Centenary International Medical Conference  
**"Future of Medicine"** Organized by Department of Health &  
Family Welfare, Govt of Tamil Nadu.

Awarded by  
**Hon. Ma. Subramanian**, Health & Family Welfare Minister of Tamil Nadu at the  
Future of Medicine Kalaingar Centenary International Medical Conference

## Department of Oral Medicine and Radiology



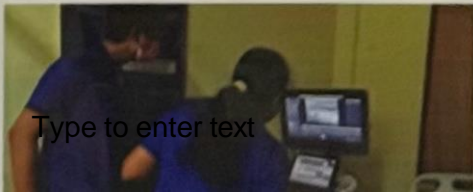
## MRI READING



## CASUALTY POSTINGS



## USG READING



## TMD MANAGEMENT



## WARD POSTINGS



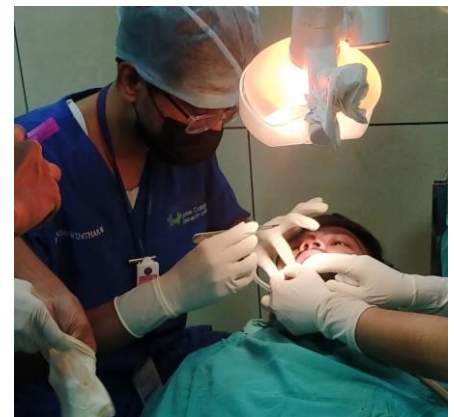
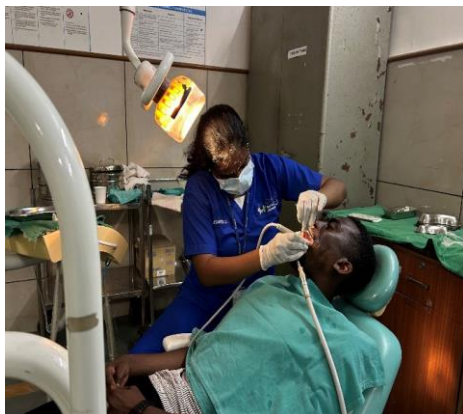
## ORAL CANCER MANAGEMENT



## NEURO POSTINGS



## OROFACIAL PAIN MANAGEMENT



Chettinad Health City Medical Journal  
Volume 12, Issue 4 - 2023, Pg. No. 18-22  
Peer Reviewed & Open Access Journal

## Assessment and Evaluation of Online Learning among College Students in South Chennai

**Christeffi Mabel B,<sup>1</sup> Jagannatha GV,<sup>1</sup> Indra Gopi,<sup>1</sup> D Charumathi<sup>2</sup>**

## INFO

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**How to cite this article:**

## ABSTRACT

**Introduction.** When the world was experiencing a pandemic caused by the novel coronavirus, the majority of the countries in the world were under lockdown and the schools were closed and the learning mode was opted for. Online classes were implemented for all age groups. This study aimed to understand the learning methodology, concentration and the effectiveness of the online classes. The study was conducted on the online and offline classes attended by the students, and to identify which mode of learning was better and more effective.

**Methods.** Four hundred students from various colleges in the southern part of Kerala participated in the study. Participants were given to fill out a questionnaire which had three headings and contained 22 questions under each heading, sent to them in a Google form. The results of the study were as follows:

**Concentration.** The study revealed that the concentration of the students was 15.5%. It was statistically proven that 39.2% of the students felt more confident in presenting seminars online as compared to the offline mode and 54.2% of the students felt stressed about attending online classes, while 6.3% of the students were not stressed about attending online classes.

**Effectiveness.** The study revealed that a blended learning approach involving online and offline modes of education was effective and preferred by the students.

## Systematic Review and Meta Analysis

## Efficacy of Autologous Platelet Concentrates in the Treatment of Oral Mucosal Lesions: A Systematic Review

Intern, Chettinad Dental College and Research Institute, Kelambakkam, <sup>1</sup>Department of Oral Medicine and Radiology, Chettinad Dental College and Research Institute, Kelambakkam, Tamil Nadu, India

## Abstract

Only manual diseases were those which affect lining of oral cavity, and the diseases that have received much attention are those concerned with autoimmunity and periodontology. There is no conclusive evidence relating to effective management of oral mucosal lesions using antineoplastic platinic concentrations. This systematic review aims at evaluating antineoplastic platinic concentrations in the treatment of oral mucosal diseases. A article search was conducted using the following electronic databases (PubMed, ScienceDirect, Cochrane Central Register of Controlled Trials, US National Registry of Clinical Trials, ProQuest). Data were analyzed qualitatively. Eleven articles were included in this study. Seven of the studies were randomized-controlled trials, and four were of quasi-experimental design. Antineoplastic platinic concentrations in the treatment of oral mucosal lesions were evaluated, and the included studies showed no significant differences between the use of antineoplastic platinic concentrations in management of Oral Lichen Planus, Pemphigus vulgaris, Benign Mucosa Membrane Proliferation, and Stevens-Johnson Syndrome.

**Keywords:** "Mouth Diseases"[MeSH], "Platelet-rich fibrin"[MeSH], "Platelet-rich plasma"[MeSH]

## INTRODUCTION

Immun-mediated diseases are primarily treated with corticosteroids. Yet over time detrimental effects in conventional treatment of these diseases, newer treatment options have emerged. This systematic review aims at evaluating autologous platelet concentrates in treatment of oral mucosal diseases.

Autologous platelet concentrates (APC) are derived from patient's own blood and hold activated platelets in a fibrin matrix.<sup>1,2,3</sup> Their role in regeneration has increased popularity in dentistry, since 1999.<sup>4,5</sup> Cell proliferation and differentiation are possible with use of APC as they release cytokines and growth factors, such as platelet-derived growth factors, vascular endothelial growth factor, and transforming growth factor-beta.<sup>6,7,8,9</sup>

### REVIEW QUESTION

**Address for correspondence:** Dr Martin S. Zlotnikowich

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E-mail: srmekalan@gmail.com

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